

November 17, 2023

AFPHS News



News:

Second Episode of AFPHS Podcast!

The second installment of *Age-Friendly Public Health: The Podcast* is now available! In this episode - **[Building an Age-Friendly Ecosystem in Mississippi](#)** - Dr. Kina White, Director of the Office of Community Health Improvement at the Mississippi State Department of Health, joins host, TFAH President and CEO Dr. J. Nadine Gracia, to discuss her work to build an age-friendly ecosystem in her home state.

National Family Caregiver Month

November is **[National Family Caregivers Month](#)**, and this year's theme is Caregivers Connect. Caregivers are encouraged to connect with health care teams, their fellow caregivers, and the people they care for. The John A. Hartford Foundation, the Caregiver Action Network, the Administration for Community Living, and other partners are using this month-long campaign to raise awareness of caregiving issues, educate communities and increase support for the more than 53 million caregivers across the country.

Events and Opportunities:

Age-Friendly Public Health Systems (AFPHS) Monthly Trainings

TFAH's 2023 AFPHS training series provides guidance on implementing each of the AFPHS 6Cs (based on **[the 6Cs Framework](#)**). Each session highlights specific examples of public health programs, policies, and other activities that align with the 6Cs and advance healthy aging as a core function.

The final training for 2023 will focus on how the public health sector can complement existing health promoting programs. Presenters from the Association for State and Territorial Health Officials will share their most recent resources to support public health's role in healthy aging.

This session will be held on ***December 14 at 3 pm ET***. Register **[here](#)**. You can also view a recording of our **[November training](#)** – Communicating to Improve Vaccine Uptake Among Older Adults.

Build your expertise and healthy aging knowledge! Individuals who attend 6 or more AFPHS monthly trainings will be designated as AFPHS Champions. More than 80 people across the country have been recognized as Champions to date. Visit the **[AFPHS Recognition Program page](#)** for more information.

The CMS GUIDE Model: Choices for Implementing Evidence-Based Dementia

Care – *Tuesday, November 28, 2023, 1:00 pm – 4:00 pm ET* The Education Development Center is hosting a virtual event to highlight evidence-based, comprehensive dementia care models. Attendees will hear from model developers and other national experts. This event also includes an opportunity to ask experts questions during break-out sessions. Register [here](#).

Structural Racism and Public Health: How to Talk to Policymakers and Community Members – *Tuesday, November 28, from 3:00 pm – 4:30 pm ET*

Join the Public Health Communications Collaborative for an upcoming webinar on how to talk about structural racism. Experts will share key research findings on framing policy and public-oriented communications about structural racism—an unjust system of laws, procedures, and beliefs that sustain racial and ethnic inequality—and public health.

Panelists include:

- Raynard Washington, PhD, MPH, Public Health Director, Mecklenburg County Public Health
- Elizabeth Green, PhD, Communications Director, Big Cities Health Coalition
- Judith Monroe, MD, President and CEO, CDC Foundation
- Allyn Brooks-LaSure, Vice President, Communications, Robert Wood Johnson Foundation

Register [here](#).

Three Keys to Cross-Sector Age-Friendly Care – *Tuesday, December 5, 2023, 1:00 pm – 2:30 pm ET*

The Institute for Healthcare Improvement (IHI) and Trust for America's Health (TFAH) are pleased to invite you to a webinar on the **Three Keys to Cross-Sector Age-Friendly Care**. This effort was the result of a collaboration between IHI, TFAH, and the Michigan Health and Hospital Association, with funding from the Michigan Health Endowment Fund. The Three Keys resource is designed to foster collaboration across the older adult care continuum, promoting system changes that will lead to an optimal care journey for older adults and their caregivers. It includes concrete guidance for health systems and public health agencies, as well as community organizations to identify and prioritize activities in healthy aging. Attendees will learn about the development of related resources and the value of implementing the change ideas designed specifically for each sector. The webinar will also provide an opportunity to share feedback on the Three Keys resources. Register [here](#).

Bridging a Care Gap - Policy Opportunities for Improving Access to Home-Based Primary Care for Rural Populations – *Tuesday, December 5, 2023, 11:00 am – 12:00 pm ET*. Hosted by the Duke-Margolis Center for Health Policy, this webinar will explore practical opportunities to address the gap between the demand and supply of home-based primary care services in rural communities through models led by the Centers for Medicare and Medicaid Services and Medicare Advantage. The following topics will be covered:

- Unique challenges of implementing home-based primary care in rural areas,
- Care delivery considerations for supporting rural home-based primary care, and
- Policy opportunities to support rural home-based primary care providers and the communities they serve.

The webinar is supported by The John A. Hartford Foundation. Register [here](#).

How PACE Can Meet the Needs of Dually Eligible Individuals in Rural Communities – *Thursday, December 7, 2023, 2:00 pm – 3:00 pm ET*

This Center for Health Care Strategies webinar will explore how Programs of All-Inclusive Care for the Elderly (PACE) offer a unique opportunity to address the needs of dually eligible individuals who live in rural communities. It will feature perspectives from a rural PACE provider in Kansas as well as state insights from Pennsylvania, which is seeking to offer PACE statewide, including in rural counties. Register [here](#).

Learning Series on Community Care Hubs

The U.S. Administration for Community Living is hosting a webinar series focused on the foundational elements of developing and operating a Community Care Hub (CCH). This series is being offered in collaboration with the Center of Excellence to Align Health and Social Care (powered by USAging's Aging and Disability Business Institute). Each session in the series will take place on Thursdays through December 2023. Field examples from leading CCHs as well as resources available to support community-based organizations in forming, operationalizing and launching hubs in their communities will be highlighted.

- Core Functions of Community Care Hubs: *Thursday, November 30, 2023, 2:00 pm – 3:30 pm ET*
- Contracting Opportunities to Address Health-Related Social Needs: *Thursday, December 7, 2023, 2:00 pm – 3:30 pm ET*
- Building the Community Care Hub Business Case: *Thursday, December 14, 2023, 2:00 pm – 3:30 pm ET*

Register [here](#).

Resources:

Conference & Webinar Recordings

Highlights from and Recording of the Introduction to the MAPP 2.0 Healthy Aging Indicators Guide Webinar

Last month the National Association of City and County Officials and Trust for America's Health hosted a [webinar to provide an overview of the new Mobilizing for Action through Planning and Partnerships \(MAPP\) 2.0 Healthy Aging Indicators Guide](#). This guide provides indicators and secondary data sources to inform assessment and improvement planning efforts related to healthy aging. The webinar included information on 1) defining public health's role in advancing healthy aging as defined by the Age Friendly Public Health Systems model; 2) naming opportunities to advance healthy aging through a community health improvement process; 3) listing examples of recommended healthy aging indicators along a spectrum of root causes to health outcomes; and 4) describing considerations for exploring these indicators through community health improvement.

Climate Change Convening

The Association for State and Territorial Health Officials brought together state health officers Natasha Bagdasarian (MI), Joseph Kanter (LA), Mark Levine (VT), and Umair Shah (WA) to [discuss climate related events](#) such as the health effects of extreme heat, wildfires and air quality, intensifying storms, and infectious diseases. The media was able to attend to the event to ask questions.

Recordings from the 2023 AARP Global Thought Leadership Conference

In October, AARP held their Global Flagship Conference, which brought together national and global thought leaders from various sectors, including private industry, finance, philanthropy, policy, and nongovernmental organizations. [Recordings from this conference](#) highlight valuable lessons and innovations from low- and middle-class countries. Messages to policymakers to create real-world solutions for better health, well-being, and opportunities for all as they age were also shared.

Caregiving

Public Health Strategies in Dementia Caregiving Toolkit

The Public Health Center of Excellence in Dementia Caregiving has just published a new [toolkit](#) to enhance the public health sector's support for dementia caregivers. This new toolkit is designed to provide strategies and interventions that public health agencies can use to support and elevate the work of family dementia caregivers, consistent with the most recent edition of the [Healthy Brain Initiative Road Map](#).

Medicare Policy Options to Improve Caregivers' Lives

A new [Commonwealth Fund brief](#), based on interviews with aging and disability policy experts and family caregiver surveys offers a range of short- and long-term Medicare policy options that would not require Congressional approval. The policies include increasing Medicare coverage for in-home caregiver services and supports, providing financial support for family caregivers, improving navigational support for families, and conducting research on how to enhance equitable access to in-home services.

Video Guidance on Shared Access for Care Partners

[A new video from Providence](#) provides step-by-step guidance on how family caregivers can share access to the patient portal. This video is a product of the [Engaging Family Care Partners through Shared Access to the Electronic Health Record](#) project and was created with Johns Hopkins and OpenNotes. It was developed to evaluate existing communications materials about shared access and identify ways to increase understanding of the topic.

New Website for Caregiver Support

The National Academy for State Health Policy (NASHP) developed a new website that offers resource guides for family caregivers and other sectors that interact with caregivers. The [Resources for Family Caregivers](#) page include a how-to guide with tips on being a member of the care team and ways to find support at the local level and maintain financial security. The [Resources for Employers](#) page provides step-by-step guidance for employers who want to help their workers with caregiving responsibilities. The [Resources for Funders](#) includes examples of initiatives being funded and actionable ideas for philanthropies. And the [Resources for State Officials](#) page contains a resource guides for state officials to learn more about respite care, the direct care workforce and different state policies the from the NASHP.

Additional Resources

Protecting Assisted Living Residents from Eviction

A new FAQ document from Justice in Aging – [Defending Evictions from Medicaid-Funded Assisted Living Facilities](#) – explains the new evictions protections that were recently implemented under federal regulation. The document covers how these protections have been implemented by states, and how advocates can use the regulations to protect residents from eviction. These protections are for assisted living residents whose care in the facility is funded through Medicaid.

New Rural Health Infographic

Rural communities face numerous challenges accessing health care including provider shortages, traveling longer distances for medical care, and higher rates of uninsurance.

Approximately 80% of rural America is still classified as medically underserved. [A new infographic from National Institute for Health Care Management Foundation](#) illustrates the state of rural health and health care access in the US. Strategies to expand telehealth and improve access to care in rural America are also included.

The Impact of Transportation on Health

[A recent Milbank Quarterly article](#) highlights ways to advance the impact of transportation interventions. The article also notes the limitations of how health services researchers and practitioners currently conceptualize transportation.

An important point raised in the article is that incorporating a transportation justice framework offers an opportunity to address transportation and mobility needs more comprehensively and equitably within health care research, delivery, and policy.

Older Adult Health Linked to Scam Vulnerability

In the most recent [National Poll on Healthy Aging](#), conducted by the Institute for Healthcare Policy and Innovation at the University of Michigan, three in four older adults (age 50-80) report that someone tried to scam them online or by phone, text, or email in the last two years. Those who reported being in only fair or poor physical or mental health were more likely to report that they experienced financial fraud. Individuals with lower household income were also more likely to be victimized by a scam.

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