

May 10, 2023

AFPHS News



News:



AFPHS Recognition!

The [Mississippi State Department of Health](#) has been achieved Exemplar status through the AFPHS Recognition Program. This acknowledgment was announced at the first Mississippi Healthy Aging Summit on May 4th, where Dr. Daniel Edney, State Health Officer, and Dr. Kina White, Mississippi AFPHS lead, received the award.

Congratulations to the [Spokane Regional Health District](#) on becoming an Advanced Age-Friendly Public Health System.

May is Older Americans Month

[The theme for Older Americans month this is year is Aging Unbound](#), encouraging communities to challenge stereotypes and promote flexible thinking about aging. The Administration for Community Living's website has several resources about Older Americans Month, including social media tools and activity ideas.

Events and Opportunities:

Age-Friendly Public Health Systems (AFPHS) Monthly Trainings

TFAH's 2023 AFPHS training series will provide guidance on implementing each of the AFPHS 6Cs ([based on the 6Cs Framework](#)). Each session will highlight specific examples of public health programs, policies, or other activities that align with the 6Cs and advance healthy aging as a core function.

The May training will focus on complementing existing health promoting programs. Speakers include Eric Weakly with the Substance Abuse and Mental Health Services Administration and Joseph Pepe with the Florida Department of Health in Charlotte County who will share resources and innovative programming to support older adult mental health.

This session will be held on *May 18 at 3 pm ET*. Register [here](#).

You can also view a recording of our [April training](#) – Coordinating Existing Services & Supports.

Build your expertise and healthy aging knowledge! Individuals who attend 6 or more AFPHS monthly trainings will be designated as AFPHS Champions. More than 65 people across the country have been recognized as Champions to date. Visit the [AFPHS Recognition Program page](#) for more information.

6th Annual Older Adult Mental Health Awareness Day Symposium – *Thursday, May 11, 2023, 10:00 am ET.* Hosted by the National Council on Aging and co-sponsored by the U.S. Administration for Community Living, the Health Resources and Services Administration, and the Substance Abuse and Mental Health Services Administration, this symposium includes a full day of sessions on how to best meet the mental health needs of older adults. The keynote speaker this year is Montel Williams. Register [here](#).

Older Adults and Disasters: Overcoming Stereotypes and Strengthening Inclusion – *Thursday, May 11, 2023, 12:00 pm ET.* Hosted by the Center for Disaster Philanthropy, this session will highlight how funding improves access and strengthens inclusion for older adults before, during and after disasters and humanitarian crises, and provide insight into understanding the stereotypes and ageism that exist in the U.S. and globally. This webinar is co-sponsored by Giving Compass, United Philanthropy Forum, and Grantmakers in Aging. Register [here](#).

Addressing the Rising Mental Health Needs of an Aging Population – *Monday, May 15, 2023, 12:00 pm – 5:00 pm ET & Tuesday, May 16, 2023 9:00 am – 3:00 pm ET.* The National Academies' Forum on Mental Health and Substance Use Disorders is hosting a hybrid workshop to discuss the current state of mental health care for older adults in the U.S. and potential strategies to address mental health needs and challenges. Speakers will discuss : the incidence and prevalence of mental health and substance use conditions among older adults; the range and availability of mental health services to address the needs of older adults; the strategies to improve the quality, capacity, equity, and access of community-based and institutional mental health services for older adults; and the knowledge gaps that impeded progress in identifying and providing appropriate care for individuals with mental health and substance use conditions, which could be addressed through new research. Register [here](#).

Dementia Risk Reduction Summit – *Tuesday & Wednesday, May 16-17, 2023.* This first-ever Dementia Risk Reduction Summit in Atlanta, GA, will explore how public health can address the risk factors for cognitive decline and dementia across the public health prevention spectrum: from working in partnerships and with health systems to addressing community education and workplace practices. The conference is sponsored by the Alzheimer's Association's Public Health Center of Excellence on Dementia Risk Reduction, in partnership with the Centers for Disease Control and Prevention. Click [here](#) for information.

How did the COVID-19 Recession Impact People with Disabilities in Rural America? – *Wednesday, May 17, 2023, 12:00 pm ET.* The Interagency Committee on Disability Research's May Lunch & Learn webinar will explore the effects of the COVID-19 pandemic on employment for people with disabilities living in rural areas. Information on rates of telework, inability to work due to closed businesses, getting paid, and the ability to look for work in rural and urban areas will be discussed. Register [here](#).

Age as a Point of Intersectionality – *Tuesday, May 23, 2023, 1:00 pm ET.* The National Center to Reframe Aging (National Center) is hosting a Changing the Conversation webinar series. This four-part webinar series will provide audiences with a “quick start” to framing, hot topics related to implicit bias towards aging, and tools from the National Center. The third webinar in this series will focus on aging and intersectionality. In this upcoming session, presenters will discuss the importance of recognizing diversity as we age to advance equitable policies. Register [here](#).

Building Resiliency with Healthy Aging Research – *Wednesday, May 24, 2023, 9:00 am – 4:00 pm ET (In-person and Online)* This interactive hybrid event will feature research projects focused on solving the grand challenges of healthy aging, improving

aging for all, and positively impacting older adults. The highlighted research is funded by Innovations in Healthy Aging, a strategic initiative of the University of Arizona Health Sciences. Register [here](#).

Centers for Medicare & Medicaid Services Health Equity Conference

The Centers for Medicare & Medicaid Services is hosting their first Health Equity Conference Wednesday, June 7 to Thursday, June 8, 2023 in Washington D.C. This free two-day conference will also be streamed for virtual attendance. Community-based organizations, academia, health provider organizations, and CMS leadership will share innovations and promising practices in health equity. [Click here](#) for more information about the conference.

Thriving Communities Technical Assistance

Local governments can apply for federal [Thriving Communities Technical Assistance](#) (TCTA) funding to help plan for and create transit-oriented housing. The TCTA program supports coordination and integration of transportation and housing in infrastructure planning and implementation. Eligible local government entities should apply if they:

- Will be receiving transportation funding, either directly or through a state pass-through, with priority given to those receiving competitive funds
- Want to address housing needs in disadvantaged communities in accordance with their housing and/or equity goals
- Want to work on at least one of the four TCTA topic areas
- Are committed to community engagement to ensure residents and businesses in disadvantaged communities benefit from the transportation investment

Priority for the 30-40 jurisdictions selected will be given to those with populations of less than 250,000 people. Applications are reviewed on a rolling basis.

The National Collaboratory to Address Elder Mistreatment Mentorship Program

The National Collaboratory to Address Elder Mistreatment (NCAEM), led by the Education Development Center (EDC), has announced a [request for applications](#) for the second cohort its Mentorship Program. The one-year program is intended for support clinicians, service providers, researchers, policymakers and advocates from multiple disciplines who wish to focus on improving care for older adults experiencing or at risk of experiencing elder mistreatment and abuse. Mentees will be paired with an expert mentor with shared interests and experiences to work together to design and complete a project of their choosing, where they will present it at a special two-day convening in Washington, D.C., in June 2024. Email questions about the NCAEM Mentorship Program to NCAEM@edc.org. The deadline for [application submission](#) is **May 5, 2023**.

Brain Health Academy

UsAgainstAlzheimer is offering new classes through their Brain Health Academy starting on May 17, 2023. These virtual classes are designed to equip healthcare providers and wellness professionals with the knowledge and resources to help people reduce their risk of Alzheimer's and related dementias. The schedule for 2023 is:

- Obesity and Dementia- May 17, 2023
- Diabetes and Dementia- June 21, 2023
- Hearing and Dementia- July 19, 2023
- Depression and Dementia- September 20, 2023
- Smoking and Dementia- October 18, 2023
- Alcohol Use and Dementia- November 15, 2023

All courses are from 1:00 pm – 2:00 pm ET. Learn more [here](#).

Health and Aging Policy Fellows

Applications are now being accepted for the [2023-2024 class of the Health and Aging Policy Fellows](#), specifically for a Caregiving Track Fellow. This one-year Fellowship runs from October 1 – September 30 and has full-time and part-time tracks. It is conducted as a hybrid program of mentoring, networking, learning and practicum experiences. Health and Aging Policy Fellows work across diverse fields of aging and develop lifelong partnerships and networks. Applications are encouraged from people with a demonstrated interest in caregiving who are based in and serving Western New York (Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Monroe, Niagara, Orleans, Wyoming County) and Southeastern Michigan (Livingston, Macomb, Monroe, Oakland, St. Clair,

Archstone Foundation Award for Excellence in Program Innovation

APPLY FOR THE ARCHSTONE FOUNDATION
AWARD FOR EXCELLENCE IN PROGRAM INNOVATION



ARCHSTONE
FOUNDATION



AGING AND
PUBLIC HEALTH SECTION

Do You Know of a Non-profit Organization with an Innovative Program in Health and Aging?

- **\$1,000 Cash Award Recognition**
(Award will assist with travel expenses)
- Submission due
Wednesday, May 31, 2023
- Winner is expected to attend the Aging & Public Health Section Awards Ceremony at the 151st APHA Annual Meeting on November 13, 2023 in Atlanta, GA
- U.S.-based organizations only

PROGRAM CRITERIA

Programs should show:

- ▶ Creativity in project design;
- ▶ Documented outcomes & benefits;
- ▶ Impact for adults 65 and older;
- ▶ Potential for program replication with a focus on diverse groups of older adults;
- ▶ Evidence of collaboration & partnerships.

TO APPLY

- 1 Download application at: www.archstone.org
- 2 Email nomination packet with the subject line: "Award Application" - Organization Name to: Karon L. Phillips, Ph.D., MPH, CHES, Award Chair
KaronLPhillips@gmail.com

Resources:

End of Public Health Emergency

Messaging about the end of the Public Health Emergency

The Public Health Communications Collaborative has prepared some [topline messaging to help people understand what the end of the public health emergency does and does not mean](#). This guide is designed to communicate the information to the general public, but it can be adapted to local context. The messaging includes information about vaccines, testing and treatment for COVID-19.

Joint Resource on the End of Pandemic Flexibilities

ADvancing States, the National Association of Medicaid Directors (NAMD), and the National Association of State Directors of Developmental Disabilities Services (NASDDDS) have released [a joint document to provide critical information for program leaders about the implications of the public health emergency expiration on May 11th](#). The resource is designed to help Medicaid agency leaders, as well as their colleagues in aging and disability agencies, prepare for the end of federal flexibilities that Medicaid adopted to support older adults and individuals with disabilities during the pandemic.

Additional Resources

Fixing a Nation that has Become Lonely

Loneliness can be triggered by events like the loss of a loved one, moving to a new city, or a global pandemic. Loneliness is experienced by nearly everyone at some point in their lives. Surgeon General Dr. Vivek Murthy has proposed a [three-part framework to address loneliness in the U.S.](#) The first aspect of this framework is to strengthen social programs, policies, and structures that aid the development of healthy relationships. The second component involves renegotiating our relationship with technology by creating space in our lives without our devices so we can be more present with one another. The third part involves rebuilding our connections with one another.

Addressing Health Disparities

A recent analysis conducted by Deloitte's actuarial team estimates that health disparities account for \$320 billion in annual health care spending. States are taking a multi-pronged approach and prioritizing strategies to mitigate health disparities. The National Academy for State Health Policy developed [Promising Practices to Address Health Disparities](#) as a resource guide with approaches policymakers can use to address health disparities. The guide also contains three subsections: Data Strategies to Understand and Address Health Disparities, Partnerships to Address Health Disparities, and Shifting the Health Disparities Paradigm.

Community Health Worker Technical Assistance Opportunity - Six States Selected

Alaska, California, Maine, Mississippi, Oklahoma, and Tennessee were selected to receive [in-state technical assistance related to community health worker state policy development](#). These states will work with the National Academy for State Health Policy through the end of the year. They will work to support state leaders as they align resources and collaborate with community health worker representatives.

New Age-friendly Cities and Communities Guide from the World Health Organization

The World Health Organization has developed a [new guide](#) that provides direction to national authorities and stakeholders engaged with national programs that support age-friendly cities and communities. In addition to the guide, several core resources are available including a PowerPoint slide deck and social media tiles that can be used to highlight the importance of age-friendly cities and communities.

Special Issue of *Next Avenue* on Caregiving

Presented by The John A. Hartford Foundation, Next Avenue has produced a [special report](#) on "Caregiving in America: The 24/7 Caregiver." This report calls attention to diverse caregivers and their needs, explores what an inclusive, comprehensive space for caregivers looks like, and elevates dialogues focused on the heart of caregiving.

Articles in this special report series include:

- ['Something for Me': The National Strategy to Support Family Caregivers](#)
- [If You See Something, Say Something: A Caregiver's Role in Keeping Older Adults Safe](#)
- [The Need for Mental Health Support for Caregiving Grandparents](#)
- [What My Brothers Taught Me About Caregiving and Gender Roles](#)
- [Coping with the Emotional Highs and Lows of Caregiving](#)
- [Supporting Navajo Caregivers: A Call to Action](#)
- [National Strategy Will Meet Caregivers' Needs](#)

Lack of Transportation Causes People to Skip Care

According to results from the Urban Institute's Health Reform Monitoring Survey [21% of American adults who lack reliable access to personal or public transportation skipped necessary medical care](#). This translates to about 5% of all US adults. About 8% of Black adults and 7% of Hispanic adults skipped care because of transportation challenges. The report about this study, published by the Robert Wood Johnson Foundation and the Urban Institute, states that there is a need for improved public transportation, including buses, subways, rails, light rails and ferries.

Created with support from The
John A. Hartford Foundation



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