



## April 26, 2023

# AFPHS News



# News:

Trust for America's Health (TFAH) is hosting a<u>virtual Congressional briefing and</u> <u>national webinar</u> on the new report, <u>Ready or Not 2023: Protecting the Public's</u> <u>Health from Diseases, Disasters, and Bioterrorism</u>. The report measures states' degree of preparedness to respond to a wide spectrum of health emergencies and to provide ongoing public health services. A panel of subject matter experts will discuss the nation's readiness for public health emergencies, examine the findings of the report, and discuss key recommendations for policymakers.

# **Events and Opportunities:**

Age-Friendly Public Health Systems (AFPHS) Monthly Trainings

TFAH's 2023 AFPHS training series will provide guidance on implementing each of the AFPHS 6Cs (**based on the 6Cs Framework**). Each session will highlight specific examples of public health programs, policies, or other activities that align with the 6Cs and advance healthy aging as a core function.

The May training will focus on complementing existing health promoting programs. Speakers include Eric Weakly with the Substance Abuse and Mental Health Services Administration and a representative from a local health department implementing mental health services for older people.

This session will be held on *May 18 at 3 pm ET*. Register here.

You can also view a recording of our<u>April training</u> – Coordinating Existing Services & Supports.

Build your expertise and healthy aging knowledge! Individuals who attend 6 or more AFPHS monthly trainings will be designated as AFPHS Champions. More than 65 people across the country have been recognized as Champions to date. Visit the <u>AFPHS</u> <u>Recognition Program page</u> for more information.

**"Move Your Way" Program Promotes Older Adult Physical Activity** – *April 26, 2023, 2:00 pm – 3:00 pm ET*. The U.S. Department of Health and Human Services' Office

of Disease Prevention and Health Promotion (ODPHP) will share how **Move Your Way**(**R**), the promotional campaign for the second edition of the **Physical Activity Guidelines for Americans**, impacted physical activity outcomes in communities across the United States in an upcoming webinar. ODPHP will also showcase their partnerships with community-based organizations and how they implemented the campaign. Register **here**.

**Expanding Financing for and Construction of Affordable Housing** – *Thursday, April 27, 2023, 1:00 pm ET*. The Bipartisan Policy Center is hosting a discussion with industry leaders and policy experts about the potential of expanding access to accessory dwelling units to help address our nation's housing supply shortage. Register <u>here</u>.

**The Essentials of Data Sharing in a Coordinated Network of Community-Based Organizations** – *Thursday, April 27, 2023, 12:00 pm ET.* The Western New York Integrated Care Collaborative, Inc. will share how they work with their service delivery partners to share data in an upcoming webinar. Hosted by the National Council on Aging, the importance of looking at data analytics to evaluate need, performance, and opportunities will also be discussed. Register <u>here</u>.

**How Oklahoma Addresses Food Insecurity for Seniors** – *Thursday, April 27, 2023, 2:00 pm ET*. Wellsky is hosting a discussion on food insecurity for older adults living in Oklahoma. Successful tactics that state and local leaders in Oklahoma are using to enhance funding and service delivery in both metropolitan and rural areas of the state will be shared. Panelists from the Community Living, Aging and Protective Services, Meals on Wheels of Metro Tulsa, and Guidehouse will provide updates and answer any questions. Register <u>here</u>.

**Post-COVID-19 Status of Minority Health** – *Friday, April 28, 2023, 12:00-1:00 pm ET*. This National Minority Quality Forum webinar will provide an opportunity to learn about and discuss the following questions: what did we learn, good and bad, from the pandemic; where do we find ourselves in terms of health equity; is community engagement with trusted voices being continued by health policy makers and providers; and do we have a sustainability model for promoting engagement and health equity? Learn more and register **here**.

**HIV and Aging Webinar Series** – *Friday, April 28, 2023, 10:30 am – 11:45 am ET.* People aging with HIV may also experience additional unique health challenges such as multiple chronic conditions, multiple medications, and increased vulnerability to stressors. The final webinar in a series hosted by the MidAtlantic AIDS Education and Training Center will address the complexities of care, treatment and management, the psychosocial needs and impact of social determinants of health, and how to improve the quality of life for a growing population of older adults living with HIV. Register <u>here</u>.

**Improving Support for Care Partners** – *Tuesday, May 9, 2023, 5:00 pm ET.* Dr. Jennifer Wolff will be delivering the 2023 Robert L. Kane Memorial Lecture, hosted by the University of Minnesota School of Public Health. Dr. Wolff will summarize challenges and opportunities in the science and policy of care partner support and discuss strategies to sustain innovation and improvement in care, with a particular focus on consumer-oriented health information technology. Register **here**.

**Successful Public Health Approaches in Dementia Caregiving: A Virtual Roundtable Series** – *Tuesday, May 9, 2023, 1:00 pm ET.* This fourth installment of the bi-monthly, roundtable series hosted by the BOLD Public Health Center of Excellence on Dementia Caregiving will feature the successful Dementia Care Specialist Program within the Wisconsin Department of Health. The goal of the series is to create a public health community of practice, where agencies share experiences, lessons learned, and strategies they can implement to support dementia caregivers in their jurisdictions. Register <u>here</u>.

**6th Annual Older Adult Mental Health Awareness Day Symposium** – *May 11, 2023, 10:00 am ET.* Hosted by the National Council on Aging and co-sponsored by the U.S. Administration for Community Living, the Health Resources and Services Administration, and the Substance Abuse and Mental Health Services Administration, this symposium includes a full day of sessions on how to best meet the mental health needs of older adults. The keynote speaker this year is Montel Williams. Register <u>here</u>.

How did the COVID-19 Recession Impact People with Disabilities in Rural America? *Wednesday, May 17, 2023, 12:00 pm ET.* The Interagency Committee on Disability Research's May Lunch & Learn webinar will explore the effects of the COVID-19 pandemic on employment for people with disabilities living in rural areas. Information on rates of telework, inability to work due to closed businesses, getting paid, and the ability to look for work in rural and urban areas will be discussed. Register <u>here</u>.

**Building Resiliency with Healthy Aging Research** – *Wednesday, May 24, 2023, 9:00 am* – *4:00 pm ET (In-person and Online).* This interactive hybrid event will feature research projects focused on solving the grand challenges of healthy aging, improving aging for all, and positively impacting older adults. The highlighted research is funded by Innovations in Healthy Aging, a strategic initiative of the University of Arizona Health Sciences. Registration coming soon.

## **Centers for Medicare & Medicaid Services \_Health Equity Conference**

The Centers for Medicare & Medicaid Services is hosting their first Health Equity Conference Wednesday, June 7 to Thursday, June 8, 2023 in Washington D.C. This free two-day conference will also be streamed for virtual attendance. Community-based organizations, academia, health provider organizations, and CMS leadership will share innovations and promising practices in health equity. <u>Click here</u> for more information about the conference.

# **Thriving Communities Technical Assistance**

Local governments can apply for federal **Thriving Communities Technical** 

**Assistance** (TCTA) funding to help plan for and create transit-oriented housing. The TCTA program supports coordination and integration of transportation and housing in infrastructure planning and implementation. Eligible local government entities should apply if they:

- Will be receiving transportation funding, either directly or through a state passthrough, with priority given to those receiving competitive funds
- Want to address housing needs in disadvantaged communities in accordance with their housing and/or equity goals
- Want to work on at least one of the four TCTA topic areas
- Are committed to community engagement to ensure residents and businesses in disadvantaged communities benefit from the transportation investment

Priority for the 30-40 jurisdictions selected will be given to those with populations of less than 250,000 people. Applications are reviewed on a rolling basis.

# The National Collaboratory to Address Elder Mistreatment Mentorship Program

The National Collaboratory to Address Elder Mistreatment (NCAEM), led by the Education Development Center (EDC), has announced a <u>request for applications</u> for the second cohort its Mentorship Program. The one-year program is intended for support clinicians, service providers, researchers, policymakers and advocates from multiple disciplines who wish to focus on improving care for older adults experiencing or at risk of experiencing elder mistreatment and abuse. Mentees will be paired with an expert mentor with shared interests and experiences to work together to design and complete a project of their choosing, where they will present it at a special two-day convening in Washington, D.C., in June 2024. Email questions about the NCAEM Mentorship Program to <u>NCAEM@edc.org</u>. The deadline for <u>application submission</u> is May 5, 2023.

# **Brain Health Academy**

UsAgainstAlzheimer is offering new classes through their Brain Health Academy starting on May 17, 2023. These virtual classes are designed to equip healthcare providers and wellness professionals with the knowledge and resources to help people reduce their risk of Alzheimer's and related dementias. The schedule for 2023 is:

- Obesity and Dementia- May 17, 2023
- Diabetes and Dementia- June 21, 2023
- Hearing and Dementia- July 19, 2023
- Depression and Dementia- September 20, 2023
- Smoking and Dementia- October 18, 2023
- Alcohol Use and Dementia- November 15, 2023

All courses are from 1:00 pm – 2:00 pm ET. Learn more<u>here</u>.

# **Health and Aging Policy Fellows**

Applications are now being accepted for the **2023-2024 class of the Health and Aging Policy Fellows**, specifically for a Caregiving Track Fellow. This one-year Fellowship runs from October 1 – September 30 and has full-time and part-time tracks. It is conducted as a hybrid program of mentoring, networking, learning and practicum experiences. Health and Aging Policy Fellows work across diverse fields of aging and develop lifelong partnerships and networks. Applications are encouraged from people with a demonstrated interest in caregiving who are based in and serving Western New York (Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Monroe, Niagara, Orleans, Wyoming County) and Southeastern Michigan (Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw, or Wayne County). Applications for this specific track due by **June 17**, **2023**.

# **Resources:**

# **COVID-19 Vaccination**

**Second Booster Receives Sign Off** Adults ages 65 and older and immunocompromised people can receive a<u>second dose of</u> <u>the updated bivalent COVID-19 vaccine booster</u> at least four months after their first updated boosters. In addition to this approval, CDC is also doing away with the multidose vaccines for people who have not yet been vaccinated and instead focusing on single dose vaccines.

## **Post-Emergency COVID-19 Vaccine Access and Treatment**

In preparation for the end of the national COVID-19 public health emergency (PHE), the Biden administration has announced that Americans without health insurance can still receive access to COVID-19 vaccines and treatments. The financial obligations for providing coverage for this medicine will shift to the private sector when the PHE ends on May 11. The "<u>HHS Bridge Access Program For COVID-19 Vaccines and</u> <u>Treatments Program</u>" has two parts. First, CDC will purchase COVID-19 vaccines at a discount and distribute them through state and local health departments. Secondly, contracts will be established with pharmacies that will allow them to continue to provide coronavirus treatments like Paxlovid free of charge to the uninsured. Pharmacies will be provided per-dose payments for vaccines and treatments.

# **Rural Health**

# **Rural and Remote Livable Communities Collaborate**

The **<u>AARP Livable Communities Rural Lab</u>** is a program that works with rural and remote communities across the nation. The 225 communities across 36 states that are part of this group meet monthly to share ideas and information that rural and remote communities can use to address some of their local challenges. Solutions that have been developed have focused on broadband access.

**Office of Rural Health at the U.S. Centers for Disease Control and Prevention** Officially operational as of March 2023, the new Office of Rural Health at CDC wil**focus on the needs of rural populations highlighted during the COVID-19 pandemic**. Officials at the CDC have noted that rural health initiatives will require collaboration across the agency. Having an Office of Rural Health will also help facilitate collaboration with the Federal Office of Rural Health Policy at the Health Resources and Services Administration according to Diane Hall, acting director of the office.

# Additional Resources

**New Executive Order to Support Care Workers and Family Caregivers** President Biden issued an executive order on April 24 that will improve<u>support to care</u> <u>workers and family caregivers</u>. Federal agencies will be required to identify which of their grant programs can make caregiver services more accessible and affordable. The executive order also aims to improve access to home-based care for veterans and enhance job quality for long-term care workers. Support for family caregivers includes testing a new respite care benefit for dementia caregivers, and improving navigation of caregiver services for Medicare beneficiaries.

# New Falls Prevention Guide for Local Departments of Health

The National Association of County and City Health Officials has developed a new guide – **Developing the Capacity to Support Clinical Older Adult Fall Prevention** – to create community-care linkages for older adults who are at risk for falls. Local health departments can bridge the gap between community and clinical fall prevention programs to identify older adults at risk for falls and to increase access to evidence-based clinical and community fall prevention resources. This guide aims to help local health departments strengthen their capacity to reduce the risk of falls and prevent their recurrence among community-dwelling older adults.

#### **Equitable Vaccine Access for Native Communities**

Ensuring that American Indian and Alaska Native (AI/AN) populations had access to the COVID-19 vaccine became a very significant challenge during the pandemic. On the latest episode of Public Health Review podcast, Association of State and Territorial Health Officials President Anne Zink, Gary Lankford of the Association of American Indian Physicians, and Johnny Delgado of the Bakersfield American Indian Health Project shared how they **prioritized vaccine equity for AI/AN communities on the local, state, and national levels during the pandemic** on the latest episode of Public Health Review podcast.

#### **Disability-Inclusive Emergency Planning**

In response to Winter Storm Harper in 2019, Rhode Island developed severastrategies that prioritize the safety and well-being of all residents in emergencies, regardless of age or ability. They developed voluntary disability registries to help identify and locate people with disabilities. Individuals or their caregivers can enter information that would indicate that they needed special assistance during emergencies. The utility company has a list of medical "critical care" customers. The city and state had access to a voluntary Special Needs Registry. These registries provided the National Guard, State Police and volunteers with the ability to perform wellness checks. Rhode Island also partnered with the internet provider FirstNet to provide access to Wi-Fi hotspots at remote centers that were able to connect with fire, emergency medical services, and emergency management services to support residents in need.

#### How Systems of Inequality Impact Health Equity

The National Academy of Health's Culture of Health Program recently held a<u>webinar to</u> announce the development of the Systems Impact on Historically and <u>Currently Marginalized Populations publication</u>. The history and systems impact of oppression, racism, racial health disparities, and how structural and systemic racism moves through systems to drive health outcomes were discussed.

# Deaths Related to Malnutrition between 2018 and 2002 Doubled

Data from the Centers for Disease Control and Prevention indicate that the<u>number of</u> <u>deaths due to malnutrition doubled between 2018 and 2022</u>. The COVID-19 pandemic exacerbated food insecurity, particularly among older adults. The highest rates of malnutrition mortality among older adults occurred in Utah, New Mexico, and South Carolina. Many of the safety net programs, like adult day care centers, were closed during pandemic and this made it difficult for older adults to access food. In California, the death rates were highest in rural and valley counties.

**Options for Improving SNAP Enrollment among Eligible Older Adults** AARP recently released a report that presents <u>four federal policy options to simplify</u> <u>and streamline administrative processes for the Supplemental Nutrition</u> <u>Assistance Program (SNAP)</u> among eligible older adults. These federal policy options include streamlining SNAP enrollment for recipients of Supplemental Security Income, Medicaid–SNAP data sharing for outreach and enrollment, extended certification period, and telephonic signatures without audio recording.

## **Understanding the Basics of Medicaid Financing**

The Kaiser Family Foundation has released a<u>comprehensive brief that explains the</u> <u>basics of Medicaid financing</u>. The article also analyzes the impact of the COVID-19 pandemic on Medicaid spending. This brief is a resource for anyone seeking foundational knowledge on Medicaid financing and addresses the following questions: how much does Medicaid cost and how are funds spent; how does Medicaid financing work; how does Medicaid relate to federal and state budgets; how has the pandemic impacted Medicaid spending; and what are key issues to watch.

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