

March 22, 2023

AFPHS News



News:

Building a Seamless Older Adult Care Journey: Three Keys to Cross-Sector Age-Friendly Care

The Institute for Healthcare Improvement, in partnership with Trust for America's Health and the Michigan Health and Hospital Association, developed a toolkit to improve collaboration among public health and health care systems. [Improving Public Health and Health Care for Older Adults: Three Keys to Cross-Sector Age-Friendly Care](#) contains an implementation guide, a workbook, and model care journey maps that visually depict the ideal older adult care journey. The materials are designed to be used by public health practitioners, health care professionals, and community partners and can guide collaboration across sectors, as well as improve each sector's capacity to serve older people in their communities. This project was made possible with funding from the Michigan Health Endowment Fund.

Events and Opportunities:

Age-Friendly Public Health Systems (AFPHS) Monthly Trainings

TFAH's 2023 AFPHS training series will provide guidance on implementing each of the AFPHS 6Cs ([based on the 6Cs Framework](#)). Each session will highlight specific examples of public health programs, policies, or other activities that align with the 6Cs and advance healthy aging as a core function.

The April training will focus on coordinating existing services and supports.

This session will be held on **April 20 at 3 pm ET**. Register [here](#).

You can also view a recording of our [March training](#) – Connecting & Convening.

Build your expertise and healthy aging knowledge! Individuals who attend 6 or more AFPHS monthly trainings will be designated as AFPHS Champions. More than 60 people across the country have been recognized as Champions to date. Visit the [AFPHS Recognition Program page](#) for more information.

Ageing with HIV: What Do You Need to Thrive? – March 22, 2023, 1:00 pm – 2:00 pm ET. The SHARE Board, a community stakeholder board of long-term HIV survivors, is hosting a webinar to share results from their nationwide community needs assessment which identified priorities, needs, and concerns for those aging with HIV. How social service organizations, healthcare providers, researchers and policymakers can best support and engage people who are aging with HIV will also be discussed. Register [here](#).

Early Dementia Screenings Can Benefit Dementia Caregivers – *Wednesday, March 22, 2023, 1:00 pm – 2:00 pm ET.* The National Alzheimer’s and Dementia Resource Center is hosting a webinar on the key role that community-based organizations play in conducting dementia screenings, and keeping people in the community longer. Two Alzheimer’s Disease Program Initiative grantees will describe the programs in their community. Register [here](#).

Power Sharing through Community Health Assessments – *Wednesday, March 22, 2023, 1:00 pm – 2:00 pm ET.* The National Association of County and City Health Officials will describe “Power Primer,” a new tool developed to accompany the Mobilizing for Action through Planning and Partnerships (MAPP) 2.0 framework in an upcoming webinar. The Power Primer explains why and how to address power dynamics within MAPP, acknowledge societal power imbalances as a root cause of health inequities, and support building community power through MAPP and community health improvement. An email with instructions to download the Power Primer will be sent to registrants in the week prior to the webinar. Register [here](#).

Adult Vaccination Education ECHO Program

The Adult Vaccination Education Program (AVEP): Understanding (Person) Patient Experiences ECHO program aims to gain a deeper understanding of the patient (person) experiences that shape vaccine-related decisions and build practical solutions to the barriers faced to drive policy actions to increase uptake rates. The remaining three one-hour modules will be held at 9:00 am ET on March 22nd, April 5th, and April 19th. Based on the Project ECHO Model™, this learning series is geared towards civil society organizations, patient associations and advocacy groups. This program serves as a platform for sharing evidence, tools, and good practices needed to empower key stakeholders to become champions of adult immunization in their communities and help increase uptake rates. Register [here](#).

Curing the Loneliness Epidemic and Home Care – *Thursday, March 23, 2023, 1:00 pm ET.* Forty percent of people with a debilitating disability or chronic disease suffer from loneliness and social isolation. In an upcoming webinar hosted by Wisdo, experts will discuss the impact of loneliness and social isolation to improve health outcomes and raise engagement levels. Register [here](#).

Spring 2023 Columbia Aging Center Seminar Series

The 2022-23 Robert N. Butler Columbia Aging Center seminars and speakers are inspired by the [National Academy of Medicine Global Roadmap for Healthy Longevity](#) and speak to future-back solutions, the assets of aging, social infrastructure, health systems and public health, health equity, and physical environments.

- **Upstream approaches to help seniors age at home: the view from Silicon Valley.** Nirav R. Shah, MD, MPH, Senior Scholar, Clinical Excellence Research Center, Stanford University – *Thursday, March 23, 2023, 11:30 am-12:30 pm ET.* Register [here](#).

Foundational Quality Improvement Skills in a Team-Based Care Environment – *Tuesday, March 28, 2023, 2:30 pm – 3:30 pm ET* Team-based care can be an effective strategy in building a quality improvement infrastructure. Hosted by the National Health Center Training & Technical Assistance Partners, this session will provide participants with the opportunity to learn foundational skills and tools to begin quality improvement, including effective meeting management, team facilitation, and data utilization. Register [here](#).

When and How to Respond to Public Health Misinformation – *Tuesday, March 28, 2023, 1:00 pm – 2:00 pm ET.* The Public Health Communications Collaborative is holding a webinar to discuss the misinformation trends in public health, the critical differences between misinformation and disinformation, and when and how to respond to misinformation across channels. Panelist include Joe Smyser, PhD, MSPH, and Chief Executive Officer of [The Public Good Projects](#) and Alison Rodden, Chief Executive Officer of [HCN](#). Register [here](#).

A Day, A Week, A Year, A Life- Family Caregivers on the Front Line – *Thursday, March 30, 2023, 2:00 pm – 3:00 pm ET.* During the COVID-19 public health emergency, many states took advantage of Appendix K flexibility to support caregivers. As part of their Self Direction From Your Desk Webinar series, Applied Self Direction is hosting a webinar where attendees will hear directly from family caregivers. The real-life experience of family caregivers and policies that support those caregivers will be shared. Register [here](#).

HIV and Aging Webinar Series – *Friday, April 28, 2023, 10:30 am – 11:45 am ET.* People aging with HIV may also experience additional unique health challenges such as multiple chronic conditions, multiple medications, and increased vulnerability to stressors. The final webinar in a series hosted by the MidAtlantic AIDS Education and

Training Center will address the complexities of care, treatment and management, the psychosocial needs and impact of social determinants of health, and how to improve the quality of life for a growing population of older adults living with HIV. Register [here](#).

Improving Support for Care Partners – *Tuesday, May 9, 2023, 5:00pm ET*. Dr. Jennifer Wolff will be delivering the 2023 Robert L. Kane Memorial Lecture. Hosted by the University of Minnesota School of Public Health, Dr. Wolff will summarize challenges and opportunities in the science and policy of care partner support and discusses strategies to sustain innovation and improvement in care, with a particular focus on consumer-oriented health information technologies. Register [here](#).

6th Annual Older Adult Mental Health Awareness Day Symposium – *May 11, 2023, 10:00 am ET*. Hosted by the National Council on Aging and co-sponsored by the U.S. Administration for Community Living, the Health Resources and Services Administration, and the Substance Abuse and Mental Health Services Administration, this symposium includes a full day of sessions on how to best meet the mental health needs of older adults. The keynote speaker this year is Montel Williams. Register [here](#).

Building Resiliency with Healthy Aging Research – *Wednesday, May 24, 2023, 9:00 am - 4:00 pm ET (In-person and Online)*. This interactive hybrid event will feature research projects focused on solving the grand challenges of healthy aging, improving aging for all, and positively impacting older adults. The highlighted research is funded by Innovations in Healthy Aging, a strategic initiative of the University of Arizona Health Sciences. Registration coming soon.

Centers for Medicare & Medicaid Services Health Equity Conference

The Centers for Medicare & Medicaid Services is hosting their first Health Equity Conference Wednesday, June 7 to Thursday, June 8, 2023 in Washington D.C. This free two-day conference will also be streamed for virtual attendance. Community-based organizations, academia, health provider organizations, and CMS leadership will share innovations and promising practices in health equity. [Click here](#) for more information about the conference.

Funding Opportunity – REACH Program

[The Racial and Ethnic Approaches to Community Health \(REACH\) program has new 2023 funding available](#). The REACH program aims to improve health, prevent chronic diseases, and reduce health disparities among racial and ethnic populations with the highest risk, or burden, of chronic disease. The funding is for a 5-year project period and seeks to improve nutrition and increase physical activity through community design. Requirements for the application can be found at the [link](#) and the application deadline is **April 11**.

Funding Opportunity – Up to \$50 Million Available to State and Jurisdictions for Medical Reserve Corps

The Administration for Strategic Preparedness and Response's (ASPR) Medical Reserve Corps (MRC) Program announced that up to \$50 million in American Rescue Plan funding is available to states, territories, tribes, public/private partnerships, and other public entities to expand, sustain, and improve the MRC network, with a particular focus on health emergency preparedness, response, and health equity needs. The MRC national office anticipates being able to fund up to 70 projects. **Applications accepted through April 30. [Learn more](#).**

Commit to Connect – Community of Practice

The **[Commit to Connect Understanding the Impact of Social Isolation and Loneliness Programs Community of Practice](#)** will bring together a cohort of three to four agencies or network organizations already delivering a program or intervention that addresses social isolation and/or loneliness who will all utilize the U-SIRS Scale as a “pre-test” and “post-test” to collect data and better understand their program or intervention’s impact on addressing social isolation and or loneliness. Participants will meet four times between May and August and will receive no-cost access to the Upstream Social Interaction Risk Screener (U-SIRS) tool through August 2024. The deadline for applications is **March 29, 2023 by 11:59pm ET**.

Health and Aging Policy Fellows

Applications are now being accepted for the **[2023-2024 class of the Health and Aging Policy Fellows](#)**. This one-year Fellowship runs from October 1 – September 30 and has full-time and part-time tracks. It is conducted as a hybrid program of mentoring, networking, learning and practicum experiences. Health and Aging Policy Fellows work across diverse fields of aging and develop lifelong partnerships and networks. Applications are due by **April 17, 2023**.

Thriving Communities Technical Assistance

Local governments can apply for federal **[Thriving Communities Technical](#)**

Assistance (TCTA) funding to help plan for and create transit-oriented housing. State and local governments and tribes are receiving historic amounts of funding to invest in a range of infrastructure projects, including transportation. These investments will reach and revitalize every community across the country, including those that are under-resourced or experiencing economic distress, ensuring equitable access to resources, economic opportunities for the community, and improve housing availability, affordability, and quality. The TCTA program supports coordination and integration of transportation and housing in infrastructure planning and implementation. Priority for the 30-40 jurisdictions selected will be given to those with populations of less than 250,000 people. Applications are reviewed on a rolling basis.

Upcoming Conference Abstract/Proposal Deadlines

- **[American Public Health Association](#)** – March 31, 2023, 11:59 pm PT/2:59 am ET. Theme: Creating the Healthiest Nation: Overcoming Social and Ethical Challenges
- **[Home and Community-Based Services](#)** – March 31, 2023, 11:59pm ET.

Resources:

Mental Health

Trends in Loneliness Among Older Adults

The University of Michigan's Institute for Healthcare Policy and Innovation released findings from the University of Michigan National Poll on Healthy Aging about loneliness. According to this report, **[one in three \(34%\) older adults reported feeling isolated from others in the past year](#)**, compared to 56% in 2020 findings. Over a third of older adults (37%) reported feeling a lack of companionship, compared to 41% in 2020. Results also indicate that loneliness is particularly high among adults with poorer physical and mental health, those who are not working, live alone, and age 50 to 64 and women. This report is based on data gathered in late January 2023, previous data from polls fielded in 2018, and data collected during all three years of the COVID-19 pandemic.

Barriers to Dementia Diagnosis

The new Alzheimer's Association **[2023 Alzheimer's Disease Facts and Figures](#)** report provides national and state-by-state statistics on Alzheimer's disease and the burden on individuals, caregivers, government, and the health care system. The accompanying special report, **[The Patient Journey in an Era of New Treatments](#)**, discusses how individuals with memory concerns and their doctors are missing the critical first step toward diagnosis and potential treatment: conversations about memory at the earliest point of concern and a quality accessible care team to diagnose, monitor, and treat dementia.

Impact of the COVID-19 Pandemic on Mental Health

According to a recent **[report from Centers for Disease Control and Prevention](#)**, pre-pandemic rates of emergency department visits related to mental health disorders were the highest among non-Hispanic Black adults (96.8 visits per 1,000 adults). In the **[Milbank Quarterly Opinion](#)**, Sandro Galea of Boston University School of Public Health discusses the increase in mental health disorders following the COVID pandemic. Galea suggests the "recenting of mental health in the population health conversation" is important to address mental health challenges.

Mediterranean Diet Linked to Lower Dementia Risk

According to a study published in the journal *BMC Medicine*, following a **[Mediterranean-style diet was associated with a 23% lower risk for developing dementia](#)**. The study examined 60,298 people participating in the UK Biobank study over nine years. Duane Mellor, a registered dietitian not linked to study, noted that "the Mediterranean way of eating is not just about food on plates, it's about the social interactions linked to food, and people who socialize more have lower risk of dementia and other conditions."

Additional Resources

Supporting Family Caregivers

Family caregivers provide an estimated \$600 billion in unpaid caregiving work. A new report from the AARP Public Policy Institute – **[Valuing the Invaluable](#)** – includes trends in family caregiving and discusses strategies for addressing the financial, social, and emotional challenges of caring for parents, spouses, and others. The report also includes a detailed look at recent developments and promising federal and state policies that support family caregivers in their vital role.

Senior Housing and Safety During the Pandemic

Results from **[a recent study from NORC at the University of Chicago](#)** indicate that

people living in senior housing – continuing care retirement communities, independent and assisted living properties and memory care properties – were safer than those living in skilled nursing facilities during the pandemic prior to and after vaccines were introduced. Residents of continuing care retirement communities were safer than older adults in non-congregate, residential settings after COVID-19 vaccines were made available. This study is the first to match senior housing and skilled nursing facilities with Medicare to detect mortality rates during the COVID-19 pandemic.

Hearing Loss among Older Adults

[Episode 16 of the South Florida Geriatric Workforce Enhancement Program Podcast Series on Hearing Issues Amongst the Elderly](#), hosted by Dr. Hadi Masri, is now available on all podcast platforms. The special guest is Dr. Patricia Gaffney, an audiology professor at Nova Southeastern University, who discusses the effects of hearing loss on quality of life, what causes hearing loss and how hearing is assessed, and hearing aid candidacy, styles, and features.

Demonstration Project Supports Tribal Communities

The Food Distribution Program on Indian Reservations **[Self-Determination Demonstration Projects](#)** support indigenous health and Tribal sovereignty. This U.S. Department of Agriculture Food and Nutrition Service program gives Tribes more control over food procurement in the **[Food Distribution Program on Indian Reservations \(FDPIR\)](#)**. Tribes select one or more foods to procure and provide through the FDPIR food package, replacing an item procured by USDA.

Created with support from The
John A. Hartford Foundation



The
John A. Hartford
Foundation



[SUBSCRIBE](#)

P (202) 223-9870

F (202) 223-9871

E AFPHS@TFAH.ORG

CONTACT

TRUST FOR AMERICA'S HEALTH

1730 M ST NW

SUITE 900

WASHINGTON, DC 20036



Trust for America's Health | 1730 M Street NW, Suite 900, Washington, DC 20036

[Unsubscribe thughes@tfah.org](mailto:thughes@tfah.org)

[Constant Contact Data Notice](#)

Sent by info@tfah.org powered by



Try email marketing for free today!