

March 8, 2023

AFPHS News



News:

National Nutrition Month

March is National Nutrition Month®, an annual opportunity to help improve access to nutritious food and help people make better food choices. **This year's theme is "Fuel for the Future"** and SNAP-Ed is celebrating National Nutrition Month® by sharing resources to help fuel the body and to help people eat with the environment in mind.

Events and Opportunities:

Age-Friendly Public Health Systems (AFPHS) Monthly Trainings

TFAH's 2023 AFPHS training series will provide guidance on implementing each of the AFPHS 6Cs (**based on the 6Cs Framework**). Each session will highlight specific examples of public health programs, policies, or other activities that align with the 6Cs and advance healthy aging as a core function.

The March training will focus on connecting and convening by bringing together vested partners to develop and implement multi-sector approaches — like Age-Friendly Communities — to support the health of older adults. This session will be held on **March 16 at 3 pm ET**. Register **here**.

You can also view a recording of our **February training** – Creating and Leading Change and our February blog post – **What's Public Health Got to do With...Creating and Leading Policy Change to Support Older Adults?**

Build your expertise and healthy aging knowledge! Individuals who attend 6 or more AFPHS monthly trainings will be designated as AFPHS Champions. More than 60 people across the country have been recognized as Champions to date. Visit the **AFPHS Recognition Program page** for more information.

Enhancing Equity in Lead Service Line Replacement Programs – Wednesday, March 8, 4:00–5:00 pm ET. To share how communities are working to promote equity, the Lead Service Line (LSL) Replacement Collaborative is hosting a webinar to provide an overview of their recently released **step-by-step** community guide to improve equity in LSL replacement programs. This session will address funding, community engagement, and contracting. Register **here**.

Impact of Systems on Health Equity – Thursday & Friday, March 9 – 10, 2023, 9:00 am – 12:30 pm ET. The National Academy of Medicine Culture of Health is hosting a

virtual meeting to examine: 1) the significance of understanding the history and systems impact of oppression, racism, and widening racial health disparities in light of current social and political contexts; 2) the social construction of race and ethnicity, shifting definitions of race and ethnicity over time, and how existing data and racial and ethnic definitions can cause harm and misrepresentation of diverse populations; 3) how structural and systemic racism moves through systems to drive health outcomes, and illustrative examples of levers of systemic change for advancing health equity within and across racial and ethnic populations; and 4) the challenges, opportunities, and potential impact of a related forthcoming publication under the Culture of Health Program. Register [here](#).

Spring 2023 Columbia Aging Center Seminar Series

The 2022-23 Robert N. Butler Columbia Aging Center seminars and speakers are inspired by the [**National Academy of Medicine Global Roadmap for Healthy Longevity**](#) and speak to future-back solutions, the assets of aging, social infrastructure, health systems and public health, health equity, and physical environments.

- **Translating Frailty Assessment & Management into Clinical Practice: Can technology help us in the future? Accelerometry & Voice-Activated Assistants**, Megan Huisinigh-Scheetz, MD, MPH, Associate Professor of Medicine, University of Chicago – *Tuesday, March 14, 2023, 11:30 am-12:30 pm ET*. Register [here](#).
- **Upstream approaches to help seniors age at home: the view from Silicon Valley**, Nirav R. Shah, MD, MPH, Senior Scholar, Clinical Excellence Research Center, Stanford University – *Thursday, March 23, 2023, 11:30 am-12:30 pm ET*. Register [here](#).

Strategies to Support Food Insecure Older Adults: How to Address the Looming Hunger Cliff – *Tuesday, March 14, 2023, 12:00pm ET*. Many older adults and people with disabilities are having to choose between paying for food or other essentials like prescriptions. The Food Research & Action Center and the AARP Foundation are sharing strategies that can ease the food versus medicine dilemma by receiving Supplemental Nutrition Assistance Program (SNAP) benefits in an upcoming webinar. Presenters will also discuss strategies for effective outreach to help SNAP participants who are older adults or have a disability get the correct amount of SNAP benefits. Register [here](#).

Successful Public Health Approaches in Dementia Caregiving – *Tuesday, March 14, 2023, 10:30 am ET*. The Public Health Center of Excellence on Dementia Caregiving is hosting an ongoing virtual roundtable series. The goal of this series is to create a public health community of practice where agencies can share experiences and get ideas of strategies to implement to support dementia caregivers in their jurisdictions. Each session will highlight the story of one state that has successfully implemented innovative, state-wide public health approaches for supporting dementia caregivers. The next roundtable event will focus on activities in Rhode Island. Register [here](#).

Changing the Conversation on Nursing Home Care – *Wednesday, March 15, 2023, 1:00 pm ET*. The National Center to Reframe Aging is hosting a four-part webinar series aimed to give participants a “quick start” reframing tutorial to help change conversations and attitudes on aging, and ultimately, advance policies that support us at every age and stage of life. The first session in this series will focus on changing the conversation around nursing home care. Register [here](#).

Adult Vaccination Education Program: Understanding (Person) Patient Experiences ECHO

The Adult Vaccination Education Program (AVEP): Understanding (Person) Patient Experiences ECHO program aims to gain a deeper understanding of the patient (person) experiences that shape vaccine-related decisions and build practical solutions to the barriers faced in order to drive policy actions to increase uptake rates. The program comprises 4 one-hour modules at 9:00 am ET on March 8th, March 22nd, April 5th, and April 19th. Based on the Project ECHO Model™, this learning series is geared towards civil society organizations, patient associations and advocacy groups. This program serves as a platform for sharing evidence, tools, and good practices needed to empower key stakeholders to become champions of adult immunization in their communities and help increase uptake rates. Register [here](#).

Community-Based Early Dementia Screenings Lead to Support for Caregivers and People Living with Dementia – *Wednesday, March 22, 2023, 1:00 pm – 2:00 pm ET*. The National Alzheimer’s and Dementia Resource Center is hosting a webinar on the key role that community-based organizations play in conducting dementia screenings, and keeping people in the community longer. Two Alzheimer’s Disease Program Initiative grantees will describe the programs in their community. Register [here](#).

Community Health Assessments: How to Share Power and Support

Community Power Building – *Wednesday, March 22, 2023, 1:00 pm – 2:00 pm ET.* The National Association of County and City Health Officials will be describing “Power Primer,” a new tool developed to accompany the Mobilizing for Action through Planning and Partnerships (MAPP) 2.0 framework in an upcoming webinar. The Power Primer explains why and how to address power dynamics within MAPP, acknowledge societal power imbalances as a root cause of health inequities, and support building community power through MAPP and community health improvement. An email with instructions to download the Power Primer will be sent to registrants in the week prior to the webinar. Register [here](#).

HIV and Aging Webinar Series

People aging with HIV may also experience additional unique health challenges such as multiple chronic conditions, multiple medications, and increased vulnerability to stressors. The MidAtlantic AIDS Education and Training Center is hosting a webinar series that will address the complexities of care, treatment and management, the psychosocial needs and impact of social determinants of health, and how to improve the quality of life for a growing population of older adults living with HIV.

- *Friday, April 28, 2023* - HIV and Aging: Mental Health-understanding the complex co-morbidities we face – Register [here](#).

Improving Support for Care Partners – *Tuesday, May 9, 2023, 5:00pm ET.* Dr. Jennifer Wolff will be delivering the 2023 Robert L. Kane Memorial Lecture. Hosted by the University of Minnesota School of Public Health, Dr. Wolff will summarize challenges and opportunities in the science and policy of care partner support and discusses strategies to sustain innovation and improvement in care, with a particular focus on consumer-oriented health information technologies. Register [here](#).

Building Resiliency with Healthy Aging Research – *Wednesday, May 24, 2023, 9:00 am - 4:00 pm ET (In-person and Online).* This interactive hybrid event featuring research projects focused on solving the grand challenges of healthy aging, improving aging for all, and positively impacting older adults. The highlighted research is funded by Innovations in Healthy Aging, a strategic initiative of the University of Arizona Health Sciences. Registration coming soon.

Centers for Medicare & Medicaid Services Health Equity Conference

The Centers for Medicare & Medicaid Services is hosting their first Health Equity Conference Wednesday, June 7 to Thursday, June 8, 2023 in Washington D.C. This free two-day conference will also be streamed for virtual attendance. Community-based organizations, academia, health provider organizations, and CMS leadership will share innovations and promising practices in health equity. [Click here](#) for more information about the conference.

Funding Opportunity – Seniors Workforce Development Senior Demonstration Program

The [Seniors Workforce Development Senior Demonstration Program](#) will fund projects focused on supporting older adult engagement in the public health workforce. This program will help older adults as they seek to secure employment in professional, skilled labor, or para-professional careers including a public health career track. This program is led by the Public Health AmeriCorps and the AmeriCorps Seniors. [Learn more](#). Applications are due by **March 15, 2023, at 5:00 pm ET**.

Funding Opportunity – BOLD Public Health Programs to Address Alzheimer’s Disease and Related Dementias

The Centers for Disease Control and Prevention (CDC) recently announced the availability of funding for the BOLD Public Health Programs to Address Alzheimer’s Disease and Related Dementias (CDC-RFA-DP23-0010) to fulfill the BOLD Infrastructure for Alzheimer’s Act (P.L. 115-406). These 5-year grants are designed to build public health infrastructure and increase capacity in addressing and preventing Alzheimer’s Disease and Related Dementias (ADRD) and support dementia caregiving, emphasizing social determinants of health. All BOLD activities are designed to improve the health of populations across the lifespan by employing data-driven strategies and aligning CDC’s Healthy Brain Initiative [State and Local Public Health Partnerships to Address Dementia: The 2018-2023 Road Map](#) and [Road Map for Indian Country](#) frameworks. [Learn more](#). Applications are due by **March 23, 2023**.

Funding Opportunity -- Up to \$50 Million Available to State and Jurisdictions for Medical Reserve Corps

The Administration for Strategic Preparedness and Response’s (ASPR) Medical Reserve Corps (MRC) Program announced that up to \$50 million in American Rescue Plan funding is available to states, territories, tribes, public/private partnerships, and other public entities to expand, sustain, and improve the MRC network, with a particular focus on health emergency preparedness, response, and health equity needs. The MRC national office anticipates being able to fund up to 70 projects. **Applications accepted through**

April 30. [Learn more.](#)

Health and Aging Policy Fellows

Applications are now being accepted for the [2023-2024 class of the Health and Aging Policy Fellows](#). This one-year Fellowship runs from October 1 – September 30 and has full-time and part-time tracks. It is conducted as a hybrid program of mentoring, networking, learning and practicum experiences. Health and Aging Policy Fellows work across diverse fields of aging and develop lifelong partnerships and networks. Applications are due by **April 17, 2023**.

Upcoming Conference Abstract/Proposal Deadlines

- [American Public Health Association](#) – March 31, 2023, 11:59 pm PT/2:59 am ET. Theme: Creating the Healthiest Nation: Overcoming Social and Ethical Challenges
- [Gerontological Society of America](#) – March 9, 2023. Theme: Building Bridges > Catalyzing Research > Empowering All Ages

Resources:

Elder Abuse

Addressing Elder Abuse with the RISE Model

[In a recent podcast episode hosted by the Adults Protective Services Technical Assistance Resource Center](#), Erin Salvo, the Associate Director of Adult Protective Services (APS) for the State of Maine, and Patty Kimball, the Executive Director of the Elder Abuse Institute of Maine discussed how the [RISE Model](#) (Repair harm, Inspire change, Support connection, Empower choice) was implemented into elder abuse interventions in Maine. After APS refers clients to advocates, they receive person-centered services that reduce the likelihood of revictimization.

Using Multidisciplinary Teams to Address Elder Abuse

A recent issue brief from the National Center on Elder Abuse highlights [the importance of Multidisciplinary Teams in addressing elder abuse](#). Addressing mistreatment requires comprehensive solutions that draw on multiple sectors, including law, medicine, psychology, finance, and law enforcement. These efforts are facilitated by Multidisciplinary Teams (MDTs). There is a promising evidence-base for the effectiveness at successful prosecution, guardianship filing, improved cross-agency collaboration, and successful victim restitution when MDTs are used.

Adaptation of Standardized Tool to Detect Non-Obvious Elder Abuse

Academy Emergency Medicine has published a new paper, [“Leveraging VA Geriatric Emergency Department Accreditation to Improve Elder Abuse Detection in Older Veterans using a Standardized Tool”](#). Up to 10% of older adults in the U.S. experience elder abuse each year and older veterans have higher prevalence of elder abuse risk factors such as cognitive impairment and social isolation. Using an adapted geriatric emergency department screening and response tool (EM-SART), investigators looked at underreported, non-obvious elder mistreatment cases in VA emergency departments.

Additional Resources

Evaluation Toolkit for Tribal Public Health Organizations

Developed by Seven Directions with support from the Centers for Disease Control and Prevention, the new [Indigenous Evaluation Toolkit](#) provides step-by-step guidance, worksheets, and storytelling resources to support evaluation efforts. This toolkit offers communities an iterative, reflective, continuous learning process for beginning or incorporating Indigenous evaluation.

Helping Older Adults Remain at Home with Remote Monitoring

The COVID-19 pandemic accelerated [the awareness of the need for and adoption of health trackers to help both patients and providers gather health data](#). Brian Anthony, co-director of the Medical Electronic Device Realization Center at MIT, notes that there are five benefits to using devices for remote monitoring: 1) they provide remote monitoring results in benchmarking data and “real-life” data; 2) reduces the collection of meaningless information that masks the true “signal” of a condition; 3) ambient radar sensors in the floor and ceiling can track heart and respiration rates without even requiring a person to remember to wear a health tracker; 4) wearable and ambient digital health technologies help participants engage more in their own healthcare; and 5) these devices can help participants participate in clinical trials.

Equity Tools and Resources for Older Adults

The National Center on Law & Elders Rights (NCLER) has developed several tools to promote equity and address disparities among older adults. The [Equity Analysis Tool](#) is

an adaptable resource that can support advocates in identifying impactful policies, practices, and projects to address racial disparities and other forms of discrimination. NCLER offers additional strategies for advancing equity in several recent [webinars](#).

Improved Access to Recommended Vaccines

The National Association of County and City Health Officials Immunization Team discussed the vaccine provisions included in the [Inflation Reduction Act](#) in a [recent blog post](#). The post explains how the new provisions improve access to recommended vaccines for adults enrolled in Medicare and Medicaid.

Hospital-at-Home Implementation – A Model of Care Delivery

The Journal of the American Geriatrics Society has published a research report, "[A National Qualitative Study of Hospital-at-Home Implementation under the CMS Acute Hospital Care at Home Waiver](#)". To increase hospital capacity during the COVID-19 pandemic, the Centers for Medicare & Medicaid Services announced the Acute Hospital Care at Home (AHCaH) waiver program. The study sought to describe AHCaH implementation processes and strategies at the national level and identify challenges and facilitators to launching or adapting a Hospital-at-Home to meet waiver requirements. The study reveals the need for policy change to make current Public Health Emergency payment flexibility permanent.

A Disaster Resilience Tool Kit to Reduce Risks and Protect Older Adults

Extreme weather events and natural disasters are becoming more common and severe, and older adults are disproportionately impacted during these disasters. AARP published a guide for local leaders, government staff, aging services professionals, and community advocates and volunteers to reduce risks and better protect older adults with their [Disaster Resilience Tool Kit](#). Effective integrated disaster planning will help local governments ensure older communities are more resilient in the face of hurricanes and other natural disasters.

Nutrition Program Provides Produce for Low-Income Seniors

[The Louisiana Farmers Market Nutrition Program offers low-income residents ages 60 and older \\$50 each month](#) to shop at local farmer's markets. The goal is to provide older adults - who may not otherwise be able to afford them - more fresh fruits and vegetables to enhance their nutrition.

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