

January 11, 2023

Age-Friendly Public Health Systems Learning and Action Network News



News:

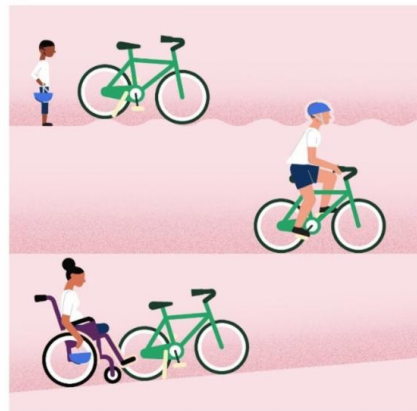
New Graphic Highlights the Difference between Equity and Equality

The Robert Wood Johnson Foundation has released a new graphic that illustrates the differences between equity and equality. This graphic was developed based on

comments and input from academic, C-suite executives, designers, students and others. [This image](#) is designed to spark conversation and highlight equity in everyday life.

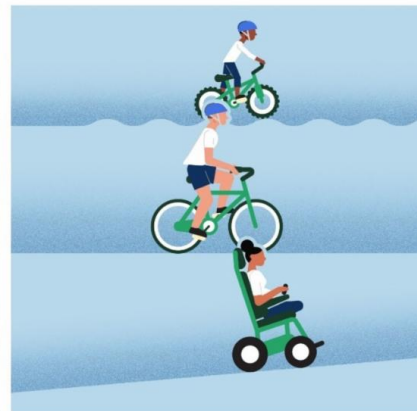
EQUALITY:

Everyone gets the same—regardless if it's needed or right for them.



EQUITY:

Everyone gets what they need—understanding the barriers, circumstances, and conditions.



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Survey on AFPHS Newsletter

We want to hear from you! We are considering ways to refresh our newsletter. Please take a moment to complete [this survey](#) to let us know what features you find most valuable and any changes you'd like to see included in future editions.

Events and Opportunities:

Age-Friendly Public Health Systems (AFPHS) Monthly Trainings

The January AFPHS training is the third installment of our trainings on ageism. This session will provide some new content and messaging to address ageism and how both public health and the aging services practitioners can combat it. Additional tools, strategies, and best practices to support organizations as they engage in efforts to improve older adult health and well-being will be shared.

This session will be held **January 19 at 3 pm ET**. Register [here](#).

You can also view a recording of our [December training](#) – Equitable Healthy Aging and the Social Determinants of Health.

Individuals who attend 6 or more AFPHS monthly trainings will be designated as AFPHS Champions. More than 50 people across the country have been recognized as Champions to date. Visit the [AFPHS Recognition Program page](#) for more information.

The RAISE National Strategy to Support Family Caregivers Virtual Panel - *Thursday, January 12, 2023, 12:00 pm – 1:30 pm ET*. This virtual panel hosted by the BOLD Public Health Center of Excellence on Dementia Caregiving will explore how public health agencies and professionals can help to implement the RAISE National Strategy to Support Family Caregivers. Attendees will learn how other states are adopting RAISE recommendations, and how agencies can align their work with this national strategy to support family caregivers of people living with dementia. Register [here](#).

SDoH Insights and Analytics: Delayed Care in 2023 – *Friday, January 13, 2023, 1:00 pm – 2:00 pm ET*. Presented by the Integrated Benefits Institute and the Health Data & Management Solutions, this session will examine how looking into social determinants of health can identify reasons for delayed care and how new data can be used in different ways to reveal patterns, find personalization opportunities, and address equity gaps. Register [here](#).

Sharing the Care for Families Dealing with Alzheimer’s Disease or Related Dementias: Alabama’s PANDA Project – *Wednesday, January 18, 2023, 2:00 pm – 3:00 pm ET*. The National Alzheimer's and Dementia Resource Center is hosting a webinar on the Alabama Providing Alzheimer's n' Dementia Assistance (PANDA) project. PANDA provides supportive services, including person-centered care plans, education, and training for people living with dementia, aging adults with intellectual and developmental disabilities, and their caregivers. This webinar will discuss the program and the effort of Alabama area agencies on aging efforts to ensure consistency in dementia services provided throughout the state. Register [here](#).

Advancing Effectiveness and Implementation in the Caring Sciences: Lessons from Dementia – *Friday, January 20, 2023, 12:00 pm – 1:00 pm ET*. Cornell University's Edward R. Roybal Center, The Translational Research Institute on Pain in Later Life is hosting a webinar series: *How to Make an Impact: Dissemination and Implementation Lessons from Experts*. The speaker for the first session in this series is the director of the Public Health Center of Excellence on Dementia Caregiving, Dr. Joseph Gaugler, who will share lessons on dementia caregiving. Register [here](#).

Call for Papers – Reimagining Public Health Preparedness with Lessons from COVID-19

The 2022 Preparedness Summit Planning Committee and the Johns Hopkins Center for Health Security invite manuscripts for a special supplement to the *Health Security* journal. The aim of the supplement is to contribute to a growing body of knowledge about the COVID-19 pandemic and its impact on public health preparedness. Potential authors are encouraged to submit manuscripts that consider how the COVID-19 pandemic is transforming public health preparedness policy and practice and discuss what public health preparedness needs to look like in the future. The submission deadline is **January 17, 2023**. [Learn more](#).

Funding Opportunity – Rural HIV and Aging Challenge

The "\$500,000 Rural HIV and Aging Challenge" is an opportunity created by the U.S. Department of Health and Human Services Office of Infectious Disease and HIV/AIDS Policy and the Administration for Community Living. Applicants will submit innovative and effective pilot solutions that address the needs of people aging with HIV in rural communities, with a focus on racial and ethnic minorities and LGBTQ+ populations. Some of examples of areas that solutions can focus on include:

- identifying HIV and aging service integration interventions including poverty, access to health care services, and education to improve health outcomes;
- reducing socio-economic barriers and improving access to mental health services particularly in rural communities;
- addressing social determinants of health, particularly wellness through physical activity, nutrition and others that improve overall quality of life.

The submission period: Phase 1 is open until **January 31, 2023 at 5:00 pm ET**. [Click here](#) for more information.

Health and Aging Policy Fellows

Applications are now being accepted for the [2023-2024 class of the Health and Aging Policy Fellows](#). This one-year Fellowship runs from October 1 – September 30 and has full-time and part-time tracks. It is conducted as a hybrid program of mentoring, networking, learning and practicum experiences. Health and Aging Policy Fellows work

across diverse fields of aging, and develop lifelong partnerships and networks. Applications are due by **April 17, 2023**.

Upcoming Conference Abstract/Proposal Deadlines

- [**National Association of County and City Health Officials**](#) – *Tuesday, January 17, 2023, 11:59 pm PT/2:59 am ET*. Theme: Elevating Public Health Practice for Today and Tomorrow
- [**American Public Health Association**](#) – *March 31, 2023, 11:59 pm PT/2:59 am ET*. Theme: Creating the Healthiest Nation: Overcoming Social and Ethical Challenges

Resources:

COVID-19 Vaccination

Vaccination Initiative for Long-Term Care Facilities

The U.S. Centers for Disease Control and Prevention (CDC), the U.S. Department of Health and Human Services, and other partner organizations are working to reduce barriers to vaccination for residents of long-term care settings. These efforts include providing flexibility in vaccination administration, increasing communications, and encouraging jurisdictions to utilize “strike teams” for intensive facility level efforts. The CDC’s COVID-19 Data Tracker’s [**Vaccinations in Nursing Homes**](#) has been updated with new visualizations that contain information on primary and booster doses among nursing home residents and staff.

Additional Resources

New Emergency Preparedness Field Guide

A new cross-sector field guide on disaster and emergency preparedness has been developed by the National Association of County and City Health Officials, in partnership with the American Hospital Association. The [**Convening Leaders for Emergency and Response \(CLEAR\) Field Guide for Emergency Preparedness**](#) contains aligned priorities and actionable strategies that health care systems and the public health sector can implement to strengthen the nation’s emergency management systems.

Characteristics of Successful Aging

A recent study published in the International Journal of Environmental Research identifies [**factors that define successful aging**](#). By observing older adults in Canada, researchers at the University of Toronto define healthy aging as: 1) the ability to accomplish activities of daily living (ADLs); 2) the ability to accomplish instrumental activities of daily living (IADLs); 3) freedom from mental illness and memory problems freedom from disabling chronic pain; 4) self-reported perceptions of happiness and physical health 5) adequate social support activities of daily living, freedom from cognitive issues; and 6) chronic pain, and adequate social support. The lead researcher on the study stated that "I think most people would agree that defining successful aging based on mental and physical functioning, social engagement, mental health, and well-being makes intuitive sense."

Webinar on Providing Age-Friendly Housing

While most Americans want to age in place, they often lack the “place” that they need. This lack of a place can be attributed to a range of factors including NIMBY-ism, the “Not in My Back Yard” movement among homeowners that oppose new housing development, and private market housing options that are unaffordable for most people. [**A recent Hastings Center webinar**](#) focused on this problem as a moral issue and discussed ways to change the narrative on providing age-friendly housing to moderate-income Americans.

Free Course on Equity Design

The [**“Equity Design Thinking Educational Series”**](#) is a free 10 module course designed to help people learn more about designing technologies that co-create equity-centered solutions to address the needs of under-served communities.

Treating Depression in Older Adults

[**Identifying depression in older adults can be complicated, but it is not a normal part of aging**](#) and can be treated. Doctors may also confuse symptoms of depression for symptoms of early-stage dementia. Medications may be the cause of depression symptoms. Antidepressant medications and therapy can play a significant role in alleviating symptoms.

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