# **SAMPLE Action Plan**



**Recognition Program Action Plan** 

Departments of health must complete an action plan to receive AFPHS Recognition. Please email <u>afphs@tfah.org</u> with any questions.

Activities may be selected from <u>the database of examples</u> outlined according to the 6Cs Framework or a department may select actions that better meet the needs of older adults in their jurisdiction. Activities already under way are eligible for inclusion in the action plan.

Department of Health (Name): DOH-Sarasota

Location (City & State): Sarasota, FL

1. *Creating and leading* policy, systems, and environmental changes to improve older adult health and well-being. If an individual from your department of health has already been designated an AFPHS Champion, this qualifies has having completed an activity for this tenet.

Activity(ies):

Attended/viewed six AFPHS trainings: designated AFPHS Champion

Method of Accountability/Documentation:

• Training attendance tracked by AFPHS Team

Partners/Organizations Involved (if applicable): N/A

2. *Connecting and convening* multi-sector stakeholders to address the health and social needs of older adults through collective impact approaches focused on the social determinants of health.

### Activity(ies):

SCHHS and DOH Staff participate in the monthly Community Alliance Aging Stakeholders subcommittee that provides opportunities for education, information and collaboration with professionals working in the aging system. The DOH collaborates with multiple community stakeholders through the Community Health Improvement Plan (CHIP) Leadership Group, and with community members through the Community Health Action Teams (CHAT).

#### Method of Accountability/Documentation: Partners/Organizations Involved:

- Sarasota County Health and Human Services (SCHHS)
- AARP
- Area Agency on Aging for Southwest Florida (AAASWF)

3. *Coordinating* existing supports and services to help older adults, families, and caregivers navigate and access services and supports, avoid duplication, and promote an integrated system of care.

#### Activity(ies):

When the COVID-19 vaccine rollout started the older adult population encountered some difficulty navigating the process through the website or a phone app. The DOH quickly added a phone registration system and offered in-person assistance at the COVID vaccine sites to help with registration. Through a partnership with the local Lead Agency, homebound individuals were identified and assisted with obtaining the vaccine at home.

## Method of Accountability/Documentation: N/A Partners/Organizations Involved:

• Behavioral Health Stakeholders Consortium

4. *Collecting, analyzing, and translating* relevant and robust data on older adults to identify the needs and assets of a community and inform the development of interventions through community-wide assessment.

#### Activity(ies):

The Florida Department of Health in Sarasota County (DOH) regularly collects, analyzes, and distributes data related to the health and well-being of older adults. Staff has presented the Community Health Improvement Plan (Attached) to the Community Alliance Aging Stakeholders Sub-Committee. Staff also prepared a Community Health Assessment Older Adult Overview (Attached), based on the results of surveys, focus groups, and existing data to identify strategic health issues. The Florida Charts Aging in Florida profile for Sarasota is regularly updated and referenced.

#### Method of Accountability/Documentation:

Onlinehttps://flhealthcharts.com/ChartsReports/rdPage.aspx?rdReport=AgingInFlorida.Dashboard

#### Partners/Organizations Involved: N/A

5. *Communicating* important public health information to promote and support older adult health and well-being, including conducting and disseminating research findings, and emerging and best practices to support healthy aging.

#### Activity(ies):

Video on Facebook about getting vaccinated: https://www.facebook.com/watch/?v=429526168258470

Method of Accountability/Documentation: N/A Partners/Organizations Involved: N/A

6. *Complementing* existing health promoting programs to ensure they are adequately meeting the needs of older adults.

#### Activity(ies):

Data from food and nutrition programs along with Income and poverty data helped identify areas of the county where adults may not be receiving adequate nutrition. This included older adults in Section 8 housing and some lower income neighborhoods. DOH-Sarasota began cooking and nutrition classes in these areas with assistance from faith-based groups serving older adults. The initial COVID-19 vaccine registration process was challenging and a barrier to many in the older adult population. Partnership was established with County Communications to create phone access for vaccine registration and information. A hotline was also established for registration assistance and information as well as early identification of homebound residents in need of vaccine.

Method of Accountability/Documentation: N/A Partners/Organizations Involved: N/A