

February 18, 2025

AFPHS News



News:

Given the many winter storms and weather emergencies in the US this winter, these resources from the National Council on Aging (NCOA) are particularly relevant. The NCOA website contains [**resources for professionals to help older adults, and their caregivers prepare for and recover from disasters**](#). The site contains information on connecting individuals to emergency food, housing, and health care benefits.

Did You Know...?

The winter issue of *Generations Journal*, the quarterly journal of the American Society on Aging, focuses on the realities and needs of [**grandparents raising grandchildren in the United States**](#). This issue elevates the voices and stories of grandmothers from African American, Black, Latino, and Indigenous communities and also covers family dynamics and guardianship.

Events and Opportunities:

Age-Friendly Public Health Systems (AFPHS) Monthly Trainings

Departments of health and public health organizations that are embedding healthy aging policies and practices in their work often note the importance of having supportive and engaged leadership. These leaders help elevate and champion the value of ensuring their staff are aware of the need to address older adult health and well-being and make systemic changes within their policies and programs.

Presenters for the February AFPHS training will provide insights on the importance of leadership to advance age-friendly ecosystem efforts and how to leverage this leadership to build multi-sector engagement.

The speakers for this session are:

- Sally Pitt, Tennessee Department of Health
- Kari Bruffett, Kansas Public Health Institute
- Emma Uridge, Kansas Public Health Institute

You can register for one or all of the 2025 trainings [**here**](#).

Build your expertise and healthy aging knowledge! Individuals who attend 6 or more AFPHS monthly trainings will be designated as AFPHS Champions. Over 150 people in 24 states across the country have been recognized as Champions to date. Visit the [**AFPHS**](#)

[Recognition Program page](#) for more information.

Measuring Ageism among Older Adults: The Why and The How – Thursday, February 20, 2025, 10:00 am – 11:00 am ET.

This webinar is part of a series from the Late Life Learning Cognition and Aging Study, a five-year longitudinal study funded by the National Institutes of Health that aims to examine the benefits of late life learning on cognitive and general health. This series focuses on psychosocial determinants of health and building social capital, highlighting important social, economic, and psychological factors of cognitive aging and well-being for older adults. This specific session will highlight approaches for measuring ageism. Register [here](#).

Advancing Age-Friendly Kansas: Strategies for Impact – Thursday, February 27, 2025, 1:00 pm – 2:00 pm ET.

As part of its 2025 Bring It learning series, the Kansas Health Institute is hosting an educational session to share how partners are advancing aging initiatives to create an [Age-Friendly Kansas](#), with a specific emphasis on Age-Friendly Public Health Systems and multi-sector collaborations. This session will highlight ongoing efforts to integrate healthy aging practices and age-friendly principles into public health and other sectors and systems across Kansas. Register [here](#).

EngAGED Research on Aging in New Jersey – Friday, February 28, 2025, 9:30 am – 11:00 am ET.

This 90-minute virtual symposium will feature presentations about cutting-edge research projects on aging based in New Jersey. Speakers will highlight how partnerships outside of academia advance their work and how their efforts aspire to achieve both scientific and social impact. The symposium will include large-group discussion and networking time with the speakers. This event is free to attend and open to the public. Register [here](#).

New Funding Opportunity for Rural PACE

The Health Resources and Services Administration announced a new Rural Program of All-Inclusive Care for the Elderly (PACE) Planning and Development [grant opportunity](#). Grant recipients can use funding to develop a new PACE program or expand an existing PACE program in rural areas. Applications are due **April 17, 2025**.

Funding Opportunity to Increase Access to Falls Prevention Interventions

The National Council on Aging has released a request for proposals as part of the Administration for Community Living Innovation Lab. This opportunity will award up to 18 community-based organizations up to \$290,000 each over two years to test new approaches to increase access to falls prevention interventions for older adults. The Letter of Interest (required) deadline is **Monday, February 24, 2025, at 11:59 p.m. ET**. The application deadline is **Friday, March 21, 2025, at 11:59 p.m. ET**. Learn more [here](#).

Raising Awareness of Imposter Scams

Imposter scams are widespread across the United States. The Social Security Administration's Office of the Inspector General designated [Thursday, March 6, 2025 as National "Slam the Scam" Day](#) to raise awareness of government imposter scams. This designation is part of National Consumer Protection Week, which takes place this year from March 2-8.

Reframing Aging Experiences

The National Center to Reframe Aging is dedicated to ending ageism by advancing a complete story about aging in America. The center is the trusted source for proven communication strategies and tools to effectively frame aging issues. The National Center to Reframe Aging wants to hear about the most notable changes in your reframing aging experiences and in age-related attitudes you have observed in recent years by completing a [four-question survey](#). The survey will be open until **February 21, 2025**.

Health and Aging Policy Fellows

Applications are now being accepted for the [2025-2026 class of the Health and Aging Policy Fellows](#). This one-year Fellowship runs from October 1 – September 30 and has full-time and part-time tracks. It is conducted as a hybrid program of mentoring, networking, learning and practicum experiences. Health and Aging Policy Fellows work across diverse fields of aging, and develop lifelong partnerships and networks. Applications are due by **April 15, 2025**.

Upcoming Conference Abstract/Proposal Deadlines

- [American Public Health Association](#) – March 28, 2025, 11:59 pm PT/2:59 am ET. Theme: Making the Public's Health a National Priority
- [Gerontological Society of America](#) – March 13, 2025. Theme: Innovative Horizons in Gerontology

Resources:

Podcast Episode on Healthy Aging Tips from Centenarians

A Northwell Health podcast episode features interviews from centenarians in which they share their [tips on healthy aging](#). The tips range from diet and exercise to pets and stress management. Dr. Maria Carney, chief of geriatric and palliative medicine at Northwell Health and former health commissioner for Nassau County, also provides her professional perspective on healthy aging.

Anti-Obesity Medications: Allies or Adversaries in Population Health?

A new [opinion piece](#) suggests that public health should work with clinics to treat obesity as a population health strategy. New anti-obesity drugs are downstream interventions that can be used in tandem with upstream interventions that address social determinants of obesity. Public health should not work against medical treatments for obesity but should instead research their effects and collaborate with cross-sector partners to strengthen the systems that promote healthy lifestyles while clinically addressing obesity at an individual level.

The Intersection of Work, Health, and Well-Being

A [new study from the University of Michigan National Poll on Healthy Aging](#) shows that working adults age 65 and older have more positive experiences with work compared with working adults age 50-64. However, almost 40 percent of working adults over 50 years old experience at least one barrier, such as disability or poor health, that interferes with their ability to work. Working can offer health benefits to older adults, but employers and policymakers must ensure systems are in place to support older adults in the workplace.

Older Michiganders & Work: Positive Health Effects and Overcoming Barriers

A new [study](#) from the University of Michigan National Poll on Healthy Aging shows that older Michiganders are less likely to work for pay compared to people over the age of 50 in the rest of the country. About half of older adults in Michigan who are not working but are not retired report one or more barriers to working, including disability, chronic illness, or poor health.

The Movement to Reframe Aging Summit 2024 Archive

The [archive of the National Center to Reframe Aging's Summit 2024: The Movement to Reframe Aging](#) is now available. This archive includes videos, resources and presenter spotlights from the Summit. The presenters at this Summit included thought leaders, national experts, federal representatives, and community leaders. The presentations were transformative conversations about advancing a more equitable and complete story of aging in America.

Report on Successful Approaches to Support Older Adults in Rural Communities

Lutheran Services in America (LSA) has developed a new report on [supporting rural older adults](#). This report is based on a community-informed model developed by the Rural Aging Action Network (RAAN) to expand services by leveraging existing assets and resources. To test the effectiveness of the model, LSA partnered with LeadingAge LTSS Center @UMass Boston to work with five communities across Minnesota, Montana, North Dakota, and South Dakota. The key findings from the analysis across the five communities showed that over 360 community partners were engaged to address gaps in care using the RAAN approach.

Integrating Family Caregivers and Direct Care Workers

To address the need for research and the development of policies that connect formal and informal caregivers, The John A. Hartford Foundation provided funding to ADvancing States to launch the State Learning Collaborative on Integrating Direct Care Workforce and Family Caregiving Policies - named the Cross-State Caregiving Collaborative (CSCC). The CSCC builds on the work of the Administration for Community Living Direct Care Workforce Strategies Center and the 2022 National Strategy to Support Family Caregivers. As a result of the work of the CSCC, ADvancing States has released a summary report on [State Efforts to Integrate Family Caregivers and Direct Care Worker s](#). This report includes draft plans policies that connect these two critical populations. The areas of exploration in the report include care team integration and training, matching service registries, and multisector plans on aging.



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