

# AFPHS 6Cs Training and Implementation Guide



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Part I: Introduction to AFPHS and  
6Cs Framework

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Part II: Building the Foundation  
for AFPHS Adoption

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Part III: Capacity Building—  
Module Specific

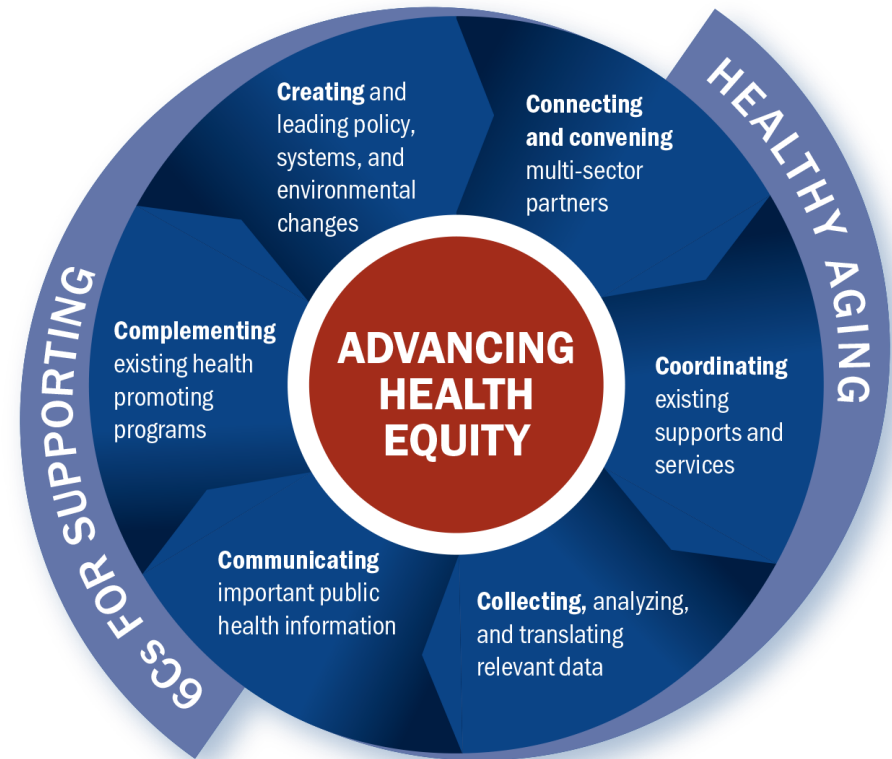
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Part IV: Development and  
Adoption of AFPHS Action Plan

# AFPHS 6Cs Framework

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- C1: Importance and value of having a champion
- C2: Multi-sector collaboration
- C3: Acknowledge historical roles in serving older adults
- C4: Data is crucial for making the case
- C5: Engage partners, community, policymakers
- C6: So many roles for public health!





## Module 6: Complementing (C6)

# Module 6: Complementing Definitions & Learning Objectives

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1. Identify existing older adult-focused programs and services across agencies within your jurisdiction.
2. Identify examples of how public health can expand or supplement existing programs.
3. Describe how to make programs more equitable and accessible.
4. Identify potential partners that can enhance expansion strategies.
5. Gain practical experience in assessing a jurisdiction's existing older adult programs and services.

# The Mississippi State-wide AFPHS Workplan



Goal 6: Complementing existing health promoting programs			
Strategy	Action Steps	Year	Key Indicators
<b>Strategy #1:</b> Create an inventory of health promoting programs for older adults	<b>Action A:</b> Develop partnerships of agencies and organizations to identify <u>health promoting</u> programs for older adults	2	<ul style="list-style-type: none"> <li>• Number of partnerships with health promoting programs for older adults</li> <li>• Completion of inventory</li> </ul>
	<b>Action B:</b> Create a resource inventory of health promoting programs and services	1-3	

Goal 6: Complementing existing health promoting programs			
Strategy	Action Steps	Year	Key Indicators
<b>Strategy #3:</b> Work with partners and stakeholders to identify and address gaps in the existing health promoting programs for older adults	<b>Action A:</b> Conduct a literature review of evidenced based practices in health promoting programs for	2	<ul style="list-style-type: none"> <li>• Literature review completed</li> <li>• Environmental scan completed</li> <li>• Gaps identified</li> <li>• Resources identified</li> </ul>
	<b>Action B:</b> Conduct an environmental scan of best practices in health promoting programs for older adults	2	
	<b>Action C:</b> Identify opportunities for accessing resources to address the identified gaps	3	

# Capacity Building Steps

- Review resources to identify strategies that can improve health equity for older adults
- Review the Denver Regional Council of Government's Boomer Bond Assessment tool
- Explore resources to ensure public health contributions to existing older adult programming have an equity focus
- Identify existing and potential partners you should engage to plan and select goals

Review resources to identify strategies that can improve health equity for older adults.	<ul style="list-style-type: none"><li>◇ <a href="#">Older Adults Technology Services (OATS) Digital Equity Program</a> (must submit intake form)</li><li>◇ National Council on Aging (<a href="#">NCOA</a>) Healthy Aging Hub - <a href="#">Our Equity Promise</a></li></ul>	
Identify all the governmental agencies in your state or locality that may have a connection with older adults, including housing, transportation, justice, emergencies, etc.	<ul style="list-style-type: none"><li>◇ <a href="#">APA Community Planning Guide</a></li><li>◇ <a href="#">Eldercare Locator</a></li><li>◇ <a href="#">U.S. Department of Health and Human Services – Resources Near You</a></li></ul>	
Review the Denver Regional Council of Government's Boomer Bond Assessment tool <a href="#">an</a> determine feasibility of implementing the assessment in your jurisdiction. If feasible, develop and implement with internal and/or external partners.	<ul style="list-style-type: none"><li>◇ <a href="#">Boomer Bond Assessment tool</a></li></ul>	
Explore resources to ensure public health contributions to existing older adult programming have an equity focus and can enhance health equity among older adults in your jurisdiction.	<ul style="list-style-type: none"><li>◇ <a href="#">Mass Healthy Aging for All Guide for Promoting Inclusion in Age- and Dementia-Friendly Communities</a></li><li>◇ <a href="#">Human Impact Partners Health Equity Guide for Public Health</a></li><li>◇ <a href="#">Massachusetts Public Health Association Health Equity Policy Framework</a></li><li>◇ <a href="#">CDC's Foundations of Health Equity Training Plan</a></li><li>◇ <a href="#">Public Health Frameworks to Advance Healthy Aging   ASTHO</a></li><li>◇ <a href="#">AARP Age Friendly Toolkit - Age-Friendly</a></li></ul>	

# Practical Application: Conduct a programmatic review

Module 6 Application Template: Complementing Existing Programs and Services			
Assess Existing Programs	Program/Service Focus Area/Name	Lead Agency	Partners
List existing programs and services that support older adults in your state	For example: <ul style="list-style-type: none"> <li>○ Mobility</li> <li>○ Nutrition—Meals on Wheels</li> <li>○ Housing</li> <li>○ Social Engagement</li> <li>○ Support Services</li> <li>○ Health – related (ex. vaccine access)</li> <li>○ Other: _____</li> </ul>	State Unit on Aging	Area Agencies on Aging (local)
List existing programs and services administered by the department of health			
Identify gaps in existing programs and services (within the program, or a program that doesn't exist)	E.g., broadband access for telehealth.	E.g., Commerce or telecommunications	E.g., State Agency on Rural Health
Complement Existing Programs			
Identify one additional program or aspect of a program that is needed to support older adult health in your state.			
What is the department of health role in that area?			
What strategies are needed to ensure more equitable access to this program?			



# TFAH is Here to Help!

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