

## AFPHS 6Cs Training and Implementation Guide

### Module 6: Capacity Building Strategies for “Complementing Existing Health Promoting Programs”

The goal of Module 6 is to expand understanding and build capacity around how public health practitioners can create and implement programs and services that complement existing programs for older adults, their caregivers, and families. Recognizing that there are some similarities with “Coordinating Existing Programs”, this tenet is differentiated in that it is intended to guide public health practitioners and partners in identifying opportunities to add to or expand existing older adult health-focused programs and services.

**Definition:** Complementing existing health promoting programs to ensure they are adequately meeting the needs of older adults.

Reviewing existing community plans, programs, and services provides an opportunity for further collaboration and innovation to support older adults. This process can also lead to the expansion of state-level plans to a life course approach by including older adults.

#### Module 6 Learning Objectives:

1. Identify existing older adult-focused programs and services across agencies within your jurisdiction.
2. Identify examples of how public health can expand or supplement existing programs.
3. Describe how to make programs more equitable and accessible.
4. Identify potential partners that can enhance expansion strategies.
5. Gain practical experience in assessing a jurisdiction’s existing older adult programs and services.

#### Capacity Building Activities

The activities listed below are intended for consideration and are not exhaustive. These strategies are based on the activities of state, local, tribal and territorial health departments that are building age-friendly public health systems. Practitioners should use each of the activities listed below to prepare for the application portion of this Module, which consists of reviewing your jurisdiction’s existing older adult programs and services.

Activities/Actions	Resources to Explore	Completed
Review the strategies and goals in the Mississippi AFPHS Statewide Plan related to complementing existing services.	◇ <a href="#">Mississippi AFPHS Statewide Plan</a>	

Review resources to identify strategies that can improve health equity for older adults.	<ul style="list-style-type: none"> <li>◇ <a href="#">Older Adults Technology Services (OATS) Digital Equity Program</a> (must submit intake form)</li> <li>◇ National Council on Aging (<a href="#">NCOA</a>) Healthy Aging Hub - <a href="#">Our Equity Promise</a></li> </ul>	
Identify all the governmental agencies in your state or locality that may have a connection with older adults, including housing, transportation, justice, emergencies, etc.	<ul style="list-style-type: none"> <li>◇ <a href="#">APA Community Planning Guide</a></li> <li>◇ <a href="#">Eldercare Locator</a></li> <li>◇ <a href="#">U.S. Department of Health and Human Services – Resources Near You</a></li> </ul>	
Review the Denver Regional Council of Government’s Boomer Bond Assessment tool and determine feasibility of implementing the assessment in your jurisdiction. If feasible, develop and implement with internal and/or external partners.	<ul style="list-style-type: none"> <li>◇ <a href="#">Boomer Bond Assessment tool</a></li> </ul>	
Explore resources to ensure public health contributions to existing older adult programming have an equity focus and can enhance health equity among older adults in your jurisdiction.	<ul style="list-style-type: none"> <li>◇ <a href="#">Mass Healthy Aging for All Guide for Promoting Inclusion in Age- and Dementia-Friendly Communities</a></li> <li>◇ <a href="#">Human Impact Partners Health Equity Guide for Public Health</a></li> <li>◇ <a href="#">Massachusetts Public Health Association Health Equity Policy Framework</a></li> <li>◇ <a href="#">CDC’s Foundations of Health Equity Training Plan</a></li> <li>◇ <a href="#">Public Health Frameworks to Advance Healthy Aging   ASTHO</a></li> <li>◇ <a href="#">AARP Age Friendly Toolkit - Age-Friendly Approach</a></li> <li>◇ <a href="#">Culturally and Linguistically Appropriate Services - Think Cultural Health</a></li> <li>◇ <a href="#">Advancing Health Equity: A Healthy Brain Initiative Issue Map</a></li> <li>◇ <a href="#">Health Disparities in the Aging: A Four-Part Learning Series (NYS Aging &amp; DOH)</a></li> </ul>	

Identify existing and potential partners you should engage to plan and select goals for public health engagement. This list can include partners identified in Module 2.	<ul style="list-style-type: none"> <li>◇ <a href="https://www.aarp.org/livable-2019/inspiration-and-information-for-local-leaders/">AARP.org/Livable - Inspiration and Information for Local Leaders</a></li> <li>◇ <a href="#">SDOH-Partnership-Evaluation-Guide-V4-FINAL.pdf</a></li> </ul>	
Review the section in the brief linked here on how complementing existing programs for older adults aligns with the 10 Essential Public Health Services.	◇ <a href="#">How the 10 Essential Public Health Services Align with the ACPHS 6Cs Framework</a>	

## Application Component

### Develop a plan for reviewing your jurisdiction's existing older adult programs and services:

1. Identify internal and external organizational partners who could be engaged to create a network of programs and services.
2. Identify gaps in existing programs and services that public health agencies can expand, supplement, or complement.
3. Educate partners (internal and external) on the importance of health equity in older adult programs and services.
4. Complete template that should include:
  - a. Department of health programs that address older adult health and well-being
  - b. Identification of programs conducted in partnership with other agencies
  - c. Strategies for ensuring equitable access to older adult programs and services.

### Considerations:

1. What goals and strategies would you like to see accomplished in your jurisdiction?
2. Which of these goals and strategies are most feasible in the short term, and which would require more long-term planning.

## Module 6 Application Template: Complementing Existing Programs and Services

Assess Existing Programs	Program/Service Focus Area/Name	Lead Agency	Partners
List existing programs and services that support older adults in your state	For example: <ul style="list-style-type: none"> <li>○ Mobility</li> <li>○ Nutrition—Meals on Wheels</li> <li>○ Housing</li> </ul>		

	<ul style="list-style-type: none"> <li>○ Social Engagement</li> <li>○ Support Services</li> <li>○ Health – related (ex. vaccine access)</li> <li>○ Other: _____</li> </ul>	State Unit on Aging	Area Agencies on Aging (local)
List existing programs and services administered by the department of health			
Identify gaps in existing programs and services (within the program, or a program that doesn't exist)	E.g., broadband access for telehealth.	E.g., Commerce or telecommunications	E.g., State Agency on Rural Health
<b>Complement Existing Programs</b>			
Identify one additional program or aspect of a program that is needed to support older adult health in your state.			
What is the department of health role in that area?			
What strategies are needed to ensure more equitable access to this program?			

*The AFPHS 6Cs Training and Implementation Guide was developed by Trust for America's Health with funding from The John A. Hartford Foundation, and in partnership with the Association for State and Territorial Health Officials, the National Association of County and City Health Officials, and the National Network of Public Health Institutes.*