

# AFPHS 6Cs Training and Implementation Guide



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Part I: Introduction to AFPHS and  
6Cs Framework

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Part II: Building the Foundation  
for AFPHS Adoption

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Part III: Capacity Building—  
Module Specific

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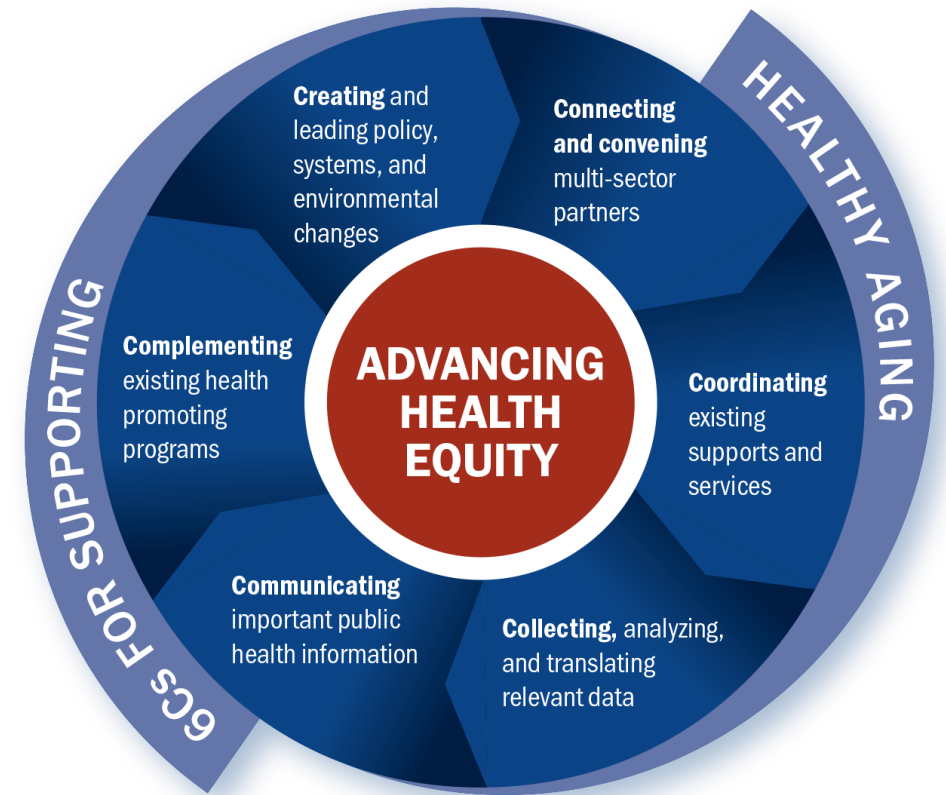
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Part IV: Development and  
Adoption of AFPHS Action Plan

# AFPHS 6Cs Framework

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- C1: Importance and value of having a champion
- **C2: Multi-sector collaboration**
- C3: Acknowledge historical roles in serving older adults
- C4: Data is crucial for making the case
- C5: Engage partners, community, policymakers
- C6: So many roles for public health!





## Module 2: Connecting and Convening (C2)

# Module 2: Connecting & Convening

## Definitions & Learning Objectives

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1. Define “Connecting and Convening”
2. Identify at least three strategies that demonstrate Connecting and Convening
3. Identify opportunities to collaborate with staff across multiple sectors and agencies to adopt and implement age-friendly policies and systems changes
4. Explain how to advance health equity within healthy aging practices by addressing the social determinants of health
5. Identify challenges to and solutions for public health adoption and implementation of healthy aging policies and systems changes

# Capacity Building Strategies: Structure and Steps

- Review the strategies included in the Mississippi AFPHS plan.
- Identify 2-3 strategies to explore.
- Review the questions and identify the next steps for that strategy. If working with a committee, discuss the feasibility of the strategies.
- Select the tools and resources you can use to better understand how to move toward completion of this strategy.
- Identify other healthy aging strategies that are achievable and sustainable within this tenet.

## Module 2: Capacity Building Strategies for “Connecting and Convening Partners”

The focus of this module is to expand the capacity of public health practitioners to enhance and build new connections and partnerships to promote healthy aging. After completing these sections, public health practitioners should be able to identify partners and/or existing coalitions and networks that could help to leverage the development and adoption of age-friendly policies and programs, including a state-wide AFPHS action or work plan.

**Definition:** Connecting and convening multi-sector partners to address the health and social challenges of older adults through collective impact could take many forms, including coalitions to advance healthy aging, educating partners about the value of age-friendly programs and services, and engaging with partners to advance a Multi-sector Plan for Aging.

### Module 2 Learning Objectives:

1. Define “Connecting and Convening”
2. Identify at least three strategies that demonstrate “Connecting and Convening”
3. Identify opportunities to collaborate with staff across multiple sectors and agencies to adopt and implement age-friendly policies and systems changes
4. Explain how to advance health equity within healthy aging practices by addressing the social determinants of health
5. Identify challenges to and solutions for public health adoption and implementation of healthy aging policies and systems changes

### Policy and Practice Strategies

The strategies listed below have been compiled based on current activities of state, local, tribal, and territorial health departments that are building age-friendly public health systems. Some are very practical and may be easier to adopt and implement (Tier One) and some will be more challenging, requiring more time, resources, and potentially, funding (Tier Two). No policy or practice changes is too large or small for consideration and should be approached in the context of department leadership, existing partnerships, and appetite for change.

The steps below are intended to guide exploration of healthy aging with a view toward full adoption of healthy aging as a core public health function. Practitioners are encouraged to consider additional strategies based on the healthy aging work already underway, the structure of the public health agency, and the unique needs of older adults and caregivers in their own jurisdictions.

#### Steps:

1. Identify 2-3 strategies to explore.
2. Answer all questions and identify the next steps for that strategy. If working with a committee, discuss the feasibility of the strategies.
3. Select the tools and resources you can use to better understand how to move toward completion of that strategy.
4. Identify other healthy aging strategies that are achievable and sustainable within this tenet.



# Policy and Practice Strategies Tier 1

- Explore new partnerships
- Evaluate how partners are engaged with healthy aging efforts
- Engage community partners in health promotion related activities
- Partner with state or local emergency preparedness agency

Tier One			
Explore and engage in new partnerships to promote healthy aging (e.g., the Area Agency on Aging, State Unit on Aging, community cooperatives, public libraries, senior centers, non-profit service delivery organizations, local universities, community-based organizations, and housing communities for older adults).	<ul style="list-style-type: none"><li>- What existing healthy aging initiatives might be leveraged to expand partnerships?</li><li>- What additional organizations or institutions should be considered for new partnerships?</li><li>- What agency or institutional structures can be leveraged to bring partners together? For example, is your state developing a Multi-Sector Plan for Aging?</li><li>-What expertise are you missing that could be contributed by another organization?</li></ul>	<ul style="list-style-type: none"><li>◇ <a href="#">Age-Friendly Ecosystem by State</a></li><li>◇ <a href="#">Theories of Community Collaboration</a></li><li>◇ <a href="#">Age-Friendly Ecosystem: Voices From the Field</a></li><li>◇ <a href="#">State Units on Aging</a></li><li>◇ <a href="#">Area Agencies on Aging</a></li><li>◇ <a href="#">Multisector Plan for Aging</a></li><li>◇ <a href="#">Getting Started with a Multisector Plan for Aging (chcs.org)</a></li><li>◇ <a href="#">Indicators of Healthy Aging Guide</a></li><li>◇ <a href="#">National Alliance for Caregiving</a></li><li>◇ <a href="#">Strengthening Partnerships between Public Health and Community-Based Organizations   CDC Foundation</a></li></ul>	

# Policy and Practice Strategies Tier 2

- Community coalitions
- Focus groups
- Academia
- Livable communities
- Multi-disciplinary team on elder mistreatment
- Multisector plan on aging committee or collaborative
- Leverage BOLD funding

Tier Two			
Strategies	Questions to Consider:	Resources to Explore: These resources may or may not be related to the questions on the left, but increase awareness of additional approaches to various aspects of this work.	Selected Strategies
Create a state or community coalition of organizations that already have a touch point with older adults, such as Adult Protective Services, Elder Affairs agency, local pharmacies, libraries, book clubs, veterinarians, and the YMCA to improve social connectedness.	<p>These are meant to expand your thinking around the strategies and prompt further exploration of other approaches.</p> <p>- Consider agencies and organizations that provide services or supports for older people in the state or community as well as caregivers and who can help identify other networks.</p> <p>- If the coalition does not yet exist, which partners should be invited?</p> <p>- What existing healthy aging initiatives can be leveraged to expand the coalition's focus?</p>	<p>◇ <a href="#">Guide to Building Community Coalitions</a></p> <p>◇ <a href="#">Community Care Hubs</a></p> <p>◇ <a href="#">Aligning Health and Social Care</a></p> <p>◇ <a href="#">Developing a Multi-Sector Plan for Aging</a></p> <p>◇ <a href="#">Collective Impact</a></p> <p>◇ <a href="#">The Waters of Systems Change</a></p> <p>◇ <a href="#">Guide to Building Community Coalitions</a></p> <p>◇ <a href="#">Indicators of Healthy Aging Guide (Community Health Assessment)</a></p>	

# Strategies to Address Barriers and Opportunities

- Review funding opportunities
- Explore data that may be needed
- Work with partners to dismantle silos

## Strategies to Address Barriers and Opportunities

Through strategic engagement with multi-sector partners, public health professionals are well positioned to connect and convene partners to promote older adult health and well-being within jurisdictions. Public health professionals can also assess whether any barriers exist within their jurisdiction that may prevent them from enacting systemic change. Specific actions are listed here that they can take to address barriers in their efforts to connect and convene.

### Steps:

1. Identify any challenges you may face in your efforts to advance healthy aging and the selected strategy.
2. Answer all questions and identify the next steps for that strategy.
3. Select the tools and resources you can use to better understand how to move toward completion of this strategy.
4. Identify other healthy aging strategies that are achievable and sustainable within this tenet.

Strategies	Questions to Consider	Resources to Explore	Selected Strategies
Review the funding opportunities that may exist to support collaborative efforts.	<i>-In what ways can the abundance of resources or the lack of resources make the case needed to convene and connect partners?</i> <i>-What funding flexibilities might exist to support advancing a selected strategy?</i>	◊ <a href="#">Grants.gov</a> ◊ <a href="#">Grantmakers in Aging</a> ◊ State/municipal funding ◊ Jurisdiction or regional philanthropies	
Explore and compile any data that may be needed to identify needed partners to support adoption and implementation of AFPHS strategies.	<i>-What additional data would be helpful to inform this work?</i> <i>-Are there any trends apparent from the data that is available?</i>	◊ <a href="#">Indicators of Healthy Aging Guide (Community Health Improvement)</a> ◊ <a href="#">MAPP 2.0 Community Health Improvement Planning</a>	



# Competence Check

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- Describe tenet
- Identify strategies
- Challenges and opportunities identified
- Potential partners identified

## Module 2 Competence Check

Congratulations on completing Module 2! You should be able to define Connecting and Convening and identify a few strategies to pursue and adopt. This final exercise will provide you with an opportunity to reflect on the content you learned and consider how you can apply it to your work.

Question	Response
Define and provide an example of Connecting & Convening in your state or community.	
Identify at least three strategies from the Module 2 guide (or others you have identified) to demonstrate Connecting and Convening. Consider examples that may apply directly to your work.	
Describe how you would operationalize equity within the strategies you identified. Has this changed since you thought about it in Module 1? If so, how?	

# TFAH is Here to Help!

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