AFPHS 6Cs Training and Implementation Guide

Part I: Introduction to AFPHS and 6Cs Framework

Part II: Building the Foundation for AFPHS Adoption

Part III: Capacity Building—Module Specific

Part IV: Development and Adoption of AFPHS Action Plan

AFPHS 6Cs Framework

➤ C1: Importance and value of having a champion

➤ C2: Multi-sector collaboration

➤ C3: Acknowledge historical roles in serving older adults

➤ C4: Data is crucial for making the case

➤ C5: Engage partners, community, policymakers

➤ C6: So many roles for public health!
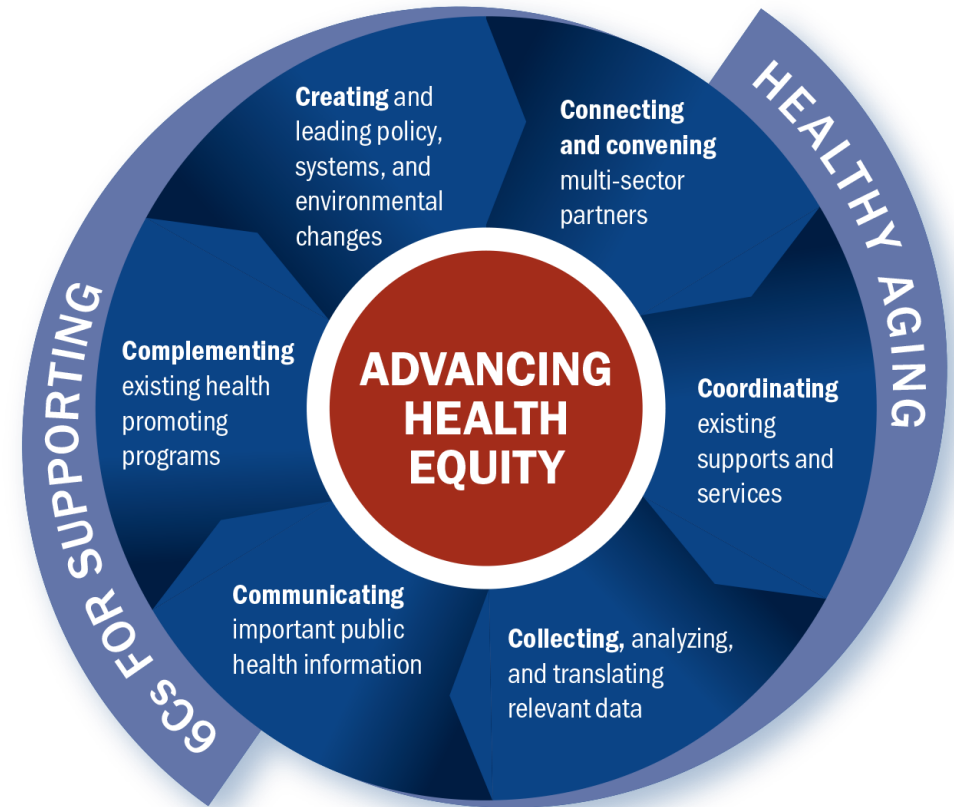
Module 1: Creating & Leading (C1)

Module 1: Creating & Leading Definitions & Learning Objectives

1. Define Creating & Leading
2. Identify at least three strategies that demonstrate Creating & Leading
3. Describe how to operationalize health equity from a leadership perspective
4. Identify challenges to and opportunities for public health engagement in healthy aging
5. Identify potential partners that can enhance engagement, as well as policy and systems change

Capacity Building Strategies: Structure and Steps

➤ Identify at 2-3 strat...

➤ Answer all question...
steps for that strateg...

➤ Select the tools and...
to better understand...
completion of that st...

➤ Identify other healt...
are achievable and su...
tenet.

AFPHS 6Cs Training and Implementation Guide

Module 1: Capacity Building Strategies for "Creating and Leading Change"

This module is designed to expand understanding and build public health champions in healthy aging. After completing the steps outlined below, public health practitioners should be able to identify and work toward policy and systems changes in their agencies, as well as toward the adoption of healthy aging as a core public health function.

Definition: Creating and leading policy, systems, and environmental changes to improve older adult health and well-being means that there is an established person or team within a health department committed to ensuring that older adult health is prioritized within the public health system.

Module 1 Learning Objectives:
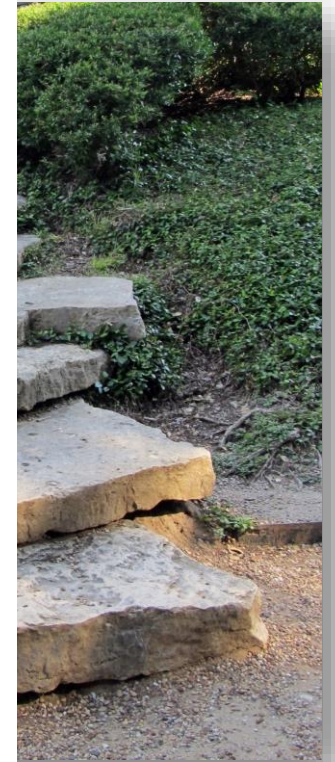
1. Define "Creating & Leading"
2. Identify at least three strategies that demonstrate "Creating & Leading"
3. Describe how to operationalize health equity from a leadership perspective
4. Identify challenges to and opportunities for public health engagement in healthy aging
5. Identify potential partners that can enhance engagement as well as policy and systems change

Policy and Practice Strategies

The strategies listed below have been compiled based on current activities of state, local, tribal, and territorial health departments that are building age-friendly public health systems. Some are very practical and may be easier to adopt and implement (Tier One) and some will be more challenging, requiring more time, resources and potentially funding (Tier Two). No policy or practice change is too large or small for consideration and should be considered in the context of department leadership, existing partnerships, and appetite for change.

The steps below are intended to guide exploration of healthy aging with a view toward full adoption of healthy aging as a core public health function. Practitioners are encouraged to consider additional strategies based on the healthy aging work already underway, the structure of the public health agency, and the unique needs of older adults and caregivers in their own jurisdictions.

Policy and Practice Strategies Tier 1

➢Healthy aging c

➢Assess SHIP/CH

➢Community plan

➢Emergency prep

➢Become and AF

Steps:
1. **Identify 2-3 strategies to explore and/or commit to.**
2. **Answer all questions and identify the next steps for that strategy.**
3. **Select the tools and resources you can use to better understand how to move toward completion of that strategy.**
4. **Identify other healthy aging strategies that are achievable and sustainable within this tenet.**

Strategies	Questions to Consider: These are meant to expand your thinking around the strategies and prompt further exploration of other approaches.	Resources to Explore: These resources may or may not be related to the questions on the left but increase awareness of additional approaches to various aspects of this work.	Selected Strategies
Tier One			
Join, create, or expand a state or community coalition or task force on healthy aging that engages multi-sector agencies and organizations working to improve the health and well-being of older adults and caregivers.	-Is the state engaged in developing or implementing a multi-sector plan for aging? If so, who are the leaders and partners in the effort? (Note these for further partnership development.) -If a healthy aging task force or coalition already exists, who are its members? (Same as above.) -If it doesn't exist, which partners should be invited? (Consider the partner's capacity to perform the work.) -What existing healthy aging initiatives can be leveraged to expand the coalition's focus to include public health?	◊ Developing a Multi-Sector Plan for Aging ◊ Collective Impact ◊ The Waters of Systems Change ◊ Guide to Building Community Coalitions ◊ Three Keys to Cross-Sector Age-Friendly Care	

Policy and Practice Strategies Tier 2

➤ Elevat
depart

➤ Health

➤ Priorit

➤ Age-Fr

➤ Data d

Tier Two			
Strategies	**Questions to Consider:** These are meant to expand your thinking around the strategies and prompt further exploration of other approaches.	**Resources to Explore:** ◊ These resources may or may not be related to the questions on the left, but increase awareness of additional approaches to various aspects of this work.	**Selected Strategies**
Develop a plan to elevate healthy aging as a core function of a state or local health department.	-Is there a priority or goal in my jurisdiction on healthy aging? -What healthy aging initiatives currently exist in my agency or others in my jurisdiction?	◊ AFPHS 6Cs Framework ◊ Indicators of Healthy Aging ◊ Multi-sector Plans for Aging ◊ AFPHS Monthly Trainings ◊ AFPHS Brief: Aligning the 10 Essential Public Health Services with the AFPHS 6Cs	

Strategies to Address Barriers and Opportunities

Strategies to Address Barriers and Opportunities

Given your position as a strategic convener, as well as your engagement with multi-sector partners, you are well positioned to influence policy and systems change and promote older adult health and well-being within your jurisdiction. Public health professionals can assess the barriers that may exist within their jurisdiction that may prevent systemic change. Specific actions are listed here that public health professionals can take to address barriers that they may experience in their efforts to create and lead change.

Steps:
1. Identify which challenges you may face in your efforts to advance healthy aging and the related strategy.
2. Answer all questions and identify the next steps for that strategy.
3. Select the tools and resources you can use to better understand how to move toward completion of this strategy.
4. Identify other healthy aging strategies that are achievable and sustainable within this tenet.

Strategies	Questions to Consider	Resources to Explore	Selected Strategies
Address agency siloes by analyzing public health department structure and assessing for systems change.	-What siloes exist within my agency and between other agencies? -What are successful examples of breaking down siloes between my agency and other agencies? -What opportunities exist to collaborate with other health and governmental agencies to create policy, systems, or environmental changes?	◊ From Silos to Systems: Using Performance Management to Improve the Public's Health	
Identify and overcome barriers to systems change through the state and community health assessment and planning process.	-What are barriers to including older adult health and healthy aging in jurisdiction health plans? -What steps can my agency take to promote inclusion of older adult health	◊ Creating a Culture of Healthy Aging in Public Health ◊ Supporting Healthy Aging and Older Adult Health: The Role of State and Territorial Health Agencies	

Competence Check

◦ Describe tenet

◦ Identify examples

◦ Challenges and oppo

◦ DOH structure and sy
analyzed

◦ Data needs understc

5. Competence Check

Congratulations on completing Module 1! You have learned all the components of Creating and Leading and how to operationalize them. This final exercise will provide you with an opportunity to reflect on the content you learned and consider how you can apply it to your role/work.

Question	Response
Define and provide an example of Creating and Leading that is relevant to your work/your role.	
Identify at least three strategies to demonstrate Creating and Leading. Consider examples that may apply directly to your work/role.	
Based on the strategies you noted above, describe how you would operationalize equity.	
Describe the opportunities and challenges for public health to develop policies	

Steps to Become an AFPHS

1. Create a team of staff within your department or agency to lead the development of an AFPHS action plan

2. Create an external Advisory Committee, Council or Team of partner organizations and/or agencies with individuals that have varying areas of expertise

3. Complete the 6Cs Training Guide and related activities

4. Develop your AFPHS state- or community-wide plan