



# June 9, 2021

Age-Friendly Public Health Systems Learning and Action Network News



# News:

June is Alzheimer's and Brain Awareness month. During this month, the Alzheimer's Association works to make the disease a national priority and increase advocacy toward a cure. Join the Association through social media with #ENDALZ and visit the website for **several actions you can take to raise awareness** about this important cause.

# **Events and Opportunities:**

#### **Age-Friendly Public Health Systems Monthly Trainings**

TFAH's June training will highlight the Healthy Brain Initiative Roadmap. Presenters from CDC and the Alzheimer's Association will describe how the roadmap can be used to help communities address Alzheimer's disease by working with existing public health programs and public health practitioners will share examples of implementation. This session will occur on *Thursday, June 17<sup>th</sup> at 3:00 pm ET*. Register **here**.

**Flipping the Ageism Script: Ensuring Quality of Life and Equity for Aging Americans** – *Wednesday, June 9, 2021, 2:00 pm – 3:00 pm ET* This Altarum webinar will explore protocols and practices that can improve daily interactions for people of color in long-term care and changes that can be made at the state and federal levels to address ongoing issues in long-term supports and services. Register <u>here</u>.

**From Data to Action: Using the Behavioral Risk Factor Surveillance System to Advance the Public Health Agenda of Dementia Caregiving** – *Wednesday, June 9, 2021, 2:30 pm* – *4:00 pm ET*. The BOLD Public Health Center of Excellence on Dementia Caregiving is hosting this webinar to shine a light on states that have used Behavioral Risk Factor Surveillance System Caregiving Module data to influence policy and programmatic change to advance the public health agenda of dementia caregiving. Effective public health communication strategies and ideas on how to use Behavioral Risk Factor Surveillance System data to support caregivers of people living with dementia will also be provided. Register <u>here</u>.

**Civic Engagement and Civic Infrastructure to Advance Health Equity: A Workshop** – *June 14* – *15, 2021, 11:00 am* – *4:00 pm ET* Hosted by the National Academies of Sciences, Engineering and Medicine, this virtual workshop will examine the relationship between civic engagement, population health, and health equity in the United States. This two-day session will highlight the 1) the state of measurement and evidence for civic engagement in relation to health and health equity; 2) infrastructure and institutions that shape civic engagement; 3) the media and information ecosystem; and 4) the ethical and other considerations relevant to civic engagement efforts. Register <u>here</u>.

A Workshop Series – COVID-19: Disaster Preparedness and Vulnerable Populations – *June 17, July 1 & July 15, 2021, 1:00 pm – 2:00 pm ET*Hosted by the National Academies of Sciences, Engineering, and Medicine, this workshop series will consist of three roundtables/forums: Forum on Medical Preparedness; Forum on Aging, Disability, and Independence; and Roundtable on the Promotion of Health Equity. This series is focused on exploring issues related to the COVID-19 pandemic and disaster preparedness for special populations. Register <u>here</u>.

**What it Takes to Age in Place: Bringing Housing and Home & Community-Based Services (HCBS) Together** – *Thursday, June 17, 2021, 2:00 pm – 3:00 pm ET* Hosted by the National Center on Law and Elder Rights, this training will highlight the intersection of health and housing to support aging in place. In addition, presenters will provide information about Medicaid-supported home and community-based services and what housing-related services can be funded through Medicaid. Register <u>here</u>.

**Elder Abuse in People Living with Dementia: Considerations for Prevention, Detection, and Intervention** – *Wednesday, June 23, 2021, 2:00 pm to 3:00 pm ET* Hosted by the National Alzheimer's and Dementia Resource Center, this webinar will discuss elder abuse in people living with dementia. A physician and an attorney will share indicators of concern, provide practical tips on when and how to intervene, and highlight the issue of capacity. Register **here**.

**Grantmakers In Aging Webinar on Age-Friendly Public Health Systems** – *Tuesday, June 29, 2021 2:00 pm – 3:00 pmET*. Join Grantmakers In Aging to learn about TFAH's Age-Friendly Public Health Systems initiative and how the initiative's framework has been put into action with multiple stakeholders and partners across the country. Leave with specific ideas to engage with state and regional funders to help public health departments recognize the need to focus on older adults as a public health priority. Register **here**.

Achieving Health Equity for People with Disabilities During the Pandemic and Beyond – *Monday, June 28, 2021, 1:00 pm – 2:00 pm* Organized by the National Institute for Health Care Management Foundation, this webinar will explore challenges related to accessing care among individuals with disabilities, including the impact of the COVID-19 pandemic, and strategies to address these diverse needs to work towards health equity. Register <u>here</u>.

**Preparing for the Next Pandemic: Strengthening the U.S. Public Health System** – *Tuesday, June 29, 2021, 11:00 am – 12:30 pm ET*. The Bipartisan Policy Center's Future of Health Care Initiative will release a new report during this virtual event. This report will provide critical steps policymakers can take to strengthen the public health system for inevitable emergencies. The policy recommendations included in the report address three key areas: intergovernmental roles and responsibilities, data infrastructure, and public health financing. Register <u>here</u>.

**The Legacy Interviews** – *Wednesdays, June 23* – *September 8, 2021, 1:00pm ET.* Presented by the American Society on Aging, this 12-week webcast series will feature interviews from leaders with decades of experience in the fields of aging, health, and social services. The interviews will be conducted by Dr. Ken Dychtwald and feature Age-Friendly leaders such as Dr. Terry Fulmer, President of The John A. Hartford Foundation. Register **here**.

Advancing Equity in Aging – *July 12-16, 2021*. Led by the American Society on Aging, this forum will bring together leaders from the field to provide strategies organizations can implement to create an inclusive and equitable aging society. Register <u>here</u>.

**Funding Opportunity – Scaling Up COVID-19 Prevention and Mitigation Strategies with Refugee, Immigrant, and Migrant Communities** The National Association of County and City Health Officials is offering a funding opportunity to local health departments to develop innovative COVID-19 education, testing, contact tracing, vaccination, and other prevention and mitigation strategies with refugee, immigrant, and migrant communities. Up to \$175,000 may be requested for funding to conduct activities under Tier One, which includes the implementation of at least one primary prevention strategy, or up to \$250,000 to conduct activities under Tier Two, which involves implementing a second primary or secondary prevention activity. Proposals are due by **Friday, June 11, 2021**. More information can be found <u>here</u>.

**Funding Opportunity – Community Care Corps Issues Request for Proposals** Community Care Corps, funded by the Administration for Community Living , has released a Request for Proposals (RFP) for innovative local models of community caregiving. This funding opportunity is geared towards helping volunteers assist family caregivers or directly care for older adults or adults with disabilities. The purpose of the project is to establish, enhance, or grow volunteer programs for family caregivers, older adults, and people with disabilities. Faith and community-based organizations, institutions of higher education, service organizations, and state, county, and local governments are encouraged to apply. Proposals are due by **Friday, July 9, 2021.** More information can be found <u>here</u>.

**Funding Opportunity -- Healthy Brain Initiative Road Map Strategists** Funding is available to build local health department and community partner capacity to address Alzheimer's disease. Under the new Healthy Brain Initiative (HBI) Road Map Strategists initiative, up to six (6) local health departments, or partnering nonprofit hospitals/health systems, will receive direct funding, training, and technical assistance to establish a part-time HBI Road Map Strategist. The Strategist will be based in the health department and will work in support of all partners, including hospitals/health systems. This public health professional will serve as a system change agent on cognitive health and dementia, and will translate guidance from the <u>State and Local Public Health</u> <u>Partnerships to Address Dementia, The 2018-2023 Road Map</u> into local action. Sponsored by the Alzheimer's Association and the National Association of County and City Health Officials (NACCHO) this 15

Health Officials (NACCHO), this 15-month initiative runs from September 2021 through November 2022. Applications are due **Monday**, **August 2**, **2021**. Local health departments or partnering nonprofit hospitals/health systems are encouraged to apply. Click **here** to learn more and submit an application.

# **Resources:**

National Academy for State Health Policy Health and Housing Institute With support from the Health Resources and Services Administration, Medicaid and housing officials from the following six states are working to develop sustainable and supportive housing solutions: Arizona, Colorado, Kansas, North Dakota, Pennsylvania and Virginia. These six states will convene for a **two-year Institute beginning in June 2021**. They will work to address challenges related to sustainable financing of health and housing programs, including ensuring equitable access to housing-related services, demonstrating return on investment, collecting and sharing dataamong agencies and providers, determining effective governance structures for cross-sector housing and health initiatives, and measuring program outcomes.

# **Aligning in Action in Denver**

Over the past four years, the Denver Regional Council of Government's Area Agency on Aging (AAA) has expanded its existing network to become the first AAA in the nation to lead an Accountable Health Community. This <u>Aligning in Action profile</u> highlights the over 50 year history of the AAA and some insights on connecting people with needs to community services.

# **Interactive Framework to Support Alignment Across Sectors**

A new Robert Wood Johnson Foundation tool highlights elements that can support alignment between the health care, public health, and social services sectors. The **<u>Framework for Aligning Sectors</u>** uses real-world examples and resources to provide insight on cross-sector efforts.

# **Dangers of Limiting Public Health Authority**

A new report developed by National Association of County and City Health Officials and the Network for Public Health Law examines the proposed limits on the authority of public health. In response to the 15 state legislatures that have passed or are considering measures to limit severely the legal authority of public health agencies to protect the public from serious illness, injury, and death, the **Proposed Limits on Public Health Authority: Dangerous for Public Health** report includes a brief history of public health authority and an overview of the forces seeking to limit public health authority. It also includes examples of specific laws that would limit public health authority, and arguments that can be used counter proposed legislation.

## Acknowledging the Impact of Structural Racism

The National Academy of Medicine (NAM) Culture of Health Program (CoHP), funded by the Robert Wood Johnson Foundation, is multiyear collaborative effort to identify strategies to create and sustain conditions that support equitable good health for everyone in America. In their second phase of the CoHP, the NAM is highlighting statements from past CoHP reports that acknowledge structural racism's direct and negative impact on health. The **Culture of Health Program report findings** highlight disproportionate effects on the health and well-being of Black, Indigenous, and people of color.

### **Superfoods for Good Health**

According to registered dietitian nutritionist and a spokesperson for the Academy of Nutrition and Dietetics Nancy Farrell Allen, <u>older adults would benefit from eating</u> <u>berries</u>. They are high in vitamin C, flavonoids and fiber, which helps with weight management and protecting against diseases like heart disease, diabetes and cancer. Some of the additional recommendations from other dietitians and nutrition experts include low-fat dairy and dark-green vegetables for their high calcium content and protein-rich foods like cottage cheese and beans.

### Predicting Brain Health Outcomes with Cognitive Age

Using long-term cognitive testing data from three studies, researchers have developed a cognitive clock. This cognitive clock is a measure of cognitive age. Cognitive age has been determined to be a better predictor of mild cognitive impairment, dementia and mortality, and had a stronger link with neuropathology and brain atrophy, compared with chronological age **according to a study published in Alzheimer's & Dementia**.

### **Multicomponent Health Equity Tracker**

Designed to be a "forward looking, scalable platform," the <u>Health Equity Tracker</u> is a health equity-focused data visualization tool that can track multiple conditions and determinants that have impacted COVID-19 outcomes and exacerbated health inequities. The tracker measures comorbidities associated with COVID-19, including COPD, diabetes, and social and political determinants of health, including uninsured and poverty rates. The tracker also records COVID-19 cases, deaths, and hospitalizations nationwide across race and ethnicity, sex and age, as well as by state and county.

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CONTACT TRUST FOR AMERICA'S HEALTH 1730 M ST NW SUITE 900 WASHINGTON, DC 20036

**SUBSCRIBE** 

P (202) 223-9870 F (202) 223-9871 E AFPHSNEWS@TFAH.ORG

